

# PORT WASHINGTON ADULT COMMUNITY SENIOR CENTER



ckiener@ci.port-washington.wi.us  
262-284-5821

*Register by Aug 20 for Free Ice Cream Social Thur, Aug 27 in Rotary Park  
Check out Fair Entries From Members at Ozaukee County 4-H Fair*

Port Washington Senior Center  
403 West Foster Street  
Port Washington, WI. 53074

CHANGE SERVICE REQUESTED

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Port Washington, WI.  
53074



Member: Wisconsin Association  
Of Senior Centers (WASC),  
National Institute of Senior Centers (NISC) &  
Wisconsin Park & Recreation Association (WPRA)



Rose's Farewell at lunch



Alice in Dairyland Tea July 15



Group with Alice: Caryl, Bev, Mary, & Carmella



Entertainment by Dick S. with lunch July 16  
**SUMMER PICNIC**



A cool day by a cool lake!



Here is a layer cake winning card!

Thank you to all who donated paper products for the center via entry into the picnic door prize drawing. Please thank your sponsors. A special thank you to Tello's for everyone's certificate and to Newport Shores for the generous number of donations, the service, the extra salad, fruit, and good food! We also thank Beth Smyth and Heritage Health and Rehab staff Amy and Melanie.



# Port Washington Adult Community Senior Center



## The Leisure Times

### August 2015

Port Washington Adult Community Senior Center

Catherine Kiener, Director

403 W. Foster Street  
(262) 284-5821

Assistant  
Environmental Maintenance

E-mail: [ckiener@ci.port-washington.wi.us](mailto:ckiener@ci.port-washington.wi.us)

Center Office Hours: Monday – Thursday 8:30AM – 4:00PM

Friday 8:30AM- 2:00PM

40 + Years as the Gem of Strength for Active Aging

**Mission: To promote healthy aging by providing cost effective programs, classes, activities, and services to citizens 55 years and better. Adopted April 10, 2002**

#### Director's Report

The Board of Directors wants members to know the meetings are open to members who would like to attend the meeting. The meeting is listed on the calendar and is usually the second Wednesday of the month.

The Sign in Log sheet will be a new form requesting members & guests to **print your name**. This is to decrease time of volunteers who do the data entry. THANK YOU For your cooperation.

The next phase of the Needs Assessment is for MSA Professional Services to complete a follow up questionnaire to the public stakeholders from the July meeting and complete the report for the Ad Hoc Committee and Council. The Ad Hoc Committee meets Aug. 4 to discuss survey results and a capitol campaign, and finalize Sept. tour date of other modernized Centers.

The process is moving forward for hiring 2 staff members! Please remember there is only one staff to notify of any concerns or supply needs for the building. *Everyone please do your best to keep the Center neat & clean!*

#### UPCOMING EVENTS:

- Prevent Health Care Fraud Aug. 5
- Travel Show Aug. 11

- Lakeside Tea Society: Slovenian Tea Aug. 19
- Red Cross Blood Drive Aug. 25
- Music in the Park Thurs, Aug. 27
- Birthday Party Fri. Aug. 28
- One Day Adventures & Extended Trips: pgs. 8-10
- **SAVE THE DATE:** Senior Center Month events: Internet Banking Seminar Sept. 28; Power of Attorney Workshop Free Sept. 2

#### Message from Board Chairman Paul

The results of the survey are available for review in the center office. They are lengthy reports but I encourage members to review them and be familiar with results. Members are still needed to speak at Council meetings in August and September. There is one member who would go if she had a driver for the evening. If you can help, call the Center.

#### Holiday Closing

The Center & Dining Site are closed on **Monday, Sept 7**. No activities will occur on City holiday closed dates!

## **Thank You, Thank You**

### **Thank you May Newsletter Crew:**

Donna Stepaniak, Betty Last, Geri Johnson, Marge Hoffman, Sandy Preisler, Sharon Swatek, Irene Taylor, Joan Murphy, Michelle Schmitz, Rosemary Wieland and Loretta Federspiel.

### **Volunteer Opportunities**

*“Everyone can be great because anyone can serve. – Dr. Martin Luther King, Jr*

*Office Volunteer(s) On-Call & Regular days –contact Catherine if interested!*

*Leaders for new programs or clubs- Do you have a hobby or interest in developing a new program for adults? Do you want to move a home card club to a public location?*

Contact Catherine by Sept. 15

### **Donations, Gifts or Memorials**

THANK YOU to the picnic attendees for all the paper products donated! The final count will be completed next month thanks to our youth volunteer Erin!

Donations and gifts for the benefit of the Senior Center should be made out to the Senior Center with the designation in the memo section of the check. Process for memorials: The memorial is to be made to the Port Senior Center or Friends with or without a specified purpose. When specified, the Director and group review the purpose to improve or enhance the group. *You can make the Port Senior Center a recipient of a gift, any time of the year.*

**The Friends of the Port Washington Senior Center** is a 501-C organization which can accept your charitable gifts now or designated for the future. You may also choose to join as a member. Pick up an application at the Senior Center. This is a non-profit group to assist in financially supporting the senior center now and into the future, please consider joining.

President-Harold Johnson  
Secretary – John Maynard  
Treasurer – Meg Adams

### **Center Operations & Procedures**

We encourage our members who **may need** special assistance living on their own to register for events, programs, and trips **with a friend, family member or caregiver to provide the assistance** they may need. Due to the limit of staff, the Center cannot provide one-on-one assistance during the event, class, or trip. Please register with staff so we can be aware of individual needs.

**Members who reside in care settings, such as group homes, must attend Senior Center programs with a caregiver.**

**Sign in: Beginning in August a new form requesting you print will be the sign in log for center data collection. This will help make the data entry quicker for the volunteers.** Members and guests must sign in each visit whether once a day, week, month or 2 or 3 different times a day. This is important for the City annual report statistics.

**Regular Center Activities & Special Events:** There are times when a special event or new program is offered that may impact the location of a regular program or its start time. All members' cooperation is appreciated when offering events.

**Membership-** Annual membership is from January to December. **Individual fee is \$17.00 and Couple \$22.00** for City and Town of Port Residents & since 2012 membership the Village of Fredonia!

**Out of town individuals to receive membership the fee is \$37.00 per person or \$64.00 per couple per year, it includes the newsletter and may be paid quarterly; or may subscribe to the newsletter for \$12.00 per year.**

***Non-member weekly fee for guests in town is \$2.00 and out of town \$4.00. All members must assist with the enforcement of the fee paid in the office prior to participation.***

***Value of membership in the Center*** offers you a place to read the Journal Sentinel, Ozaukee Press, News Graphic, & a variety of magazines saving you money on

subscriptions; discounts on classes; and use of laptops and WiFi.

**Recyclables** – There is a container on both levels for aluminum cans. The can should be rinsed then deposited in the container. Clean cans are preferred for recycling. Thanks to all who help.

### **Senior Center Board of Directors:**

*Paul Michel, Chairman; Bonnie Knaub Vice-Chairman; Bob Clearwater, Secretary; John Jacque, Carol Conrad, Betty Bogle, & Rosemary Marciniak, Mary Niedermeyer & Tim Lewein.*

## **Programs & Classes for Healthy Living**

*What is one word that can help reduce risk of falls? FITNESS!*

### PHYSICAL WELLNESS

#### **Aqua Exercise Class**

#### **“Make the Pool your gym”**

Dates: Tues., Thur, and Fri at 6:40 AM  
You do not need to get your hair wet, bring a towel & suit, and increase your flexibility. Class is held at the District Aquatic Center TJ School on Holden St.

**Cost:** \$6.00 for member and \$10.00 for non-member per month. Register monthly at the Center or call 284-5821.

#### **Strength with Bands Session VI**

**Dates: Wed & Fri Aug 5-Sept 18 at 11:00**

Instructor, Holli Parker will use primarily exercise bands & balls in this class for novice, intermediate, or experienced participants.

**Cost:** \$50.00 per member/ \$60.00 Guest  
Minimum 6 students Maximum 15

#### **Beginners Tai Chi with emphasis on Arthritis – Session III**

**Dates: Mondays to Sept 14 at 9:00**

Tai Chi is an ancient practice proven to reduce pain and improve your mental and physical well-being. The Arthritis Foundation Tai Chi Program developed by

Dr. Paul Lam, uses gentle Sun-style Tai Chi routines that are safe, easy to learn and suitable for every fitness level. Open to adults 55 and better with or without arthritis! Participants must be independent and able to follow directions.

Instructor: KT Rusch is a certified teacher from the Tai Chi Center of Milwaukee, where she has studied and practiced for over 18 years. Her classes are known for a personal touch and a sense of humor.

**Cost:** \$95.00 per member & \$105.00 for Non-members.

#### **Strong Women Class (session III)**

Dates: Tues at 9:00 & Thur @ 8:30 Aug 4 – Sept. 17

This national evidenced based program was developed at Tufts University by Dr. Miriam Nelson. It is designed for women 40 and older. This training curriculum is designed to help women maintain muscle mass, strength, and function as they age!

**Cost:** \$30.00 member/\$40 guest 7-weeks

#### **Tai Chi Continuing Course Session III**

**Dates: Mondays to Sept 14 at 10:00**

Tai Chi promotes balance, flexibility, & good overall health. Meets 1<sup>st</sup> floor level of Senior Center at 11:30 AM.

Cost: \$95.00 per member/\$105.00 guest

#### **Zumba Gold Classes (Session V)**

**Dates: Tues, Wed, Fri, & Sat Aug. 4 to Sept. 19 or Weekly registration available**

Meet 1<sup>st</sup> floor south end at 8:15 AM

The low impact, easy to follow, Latin-dance inspired fitness party... Keeps you in the groove of life! This is the newest aerobic routine designed for adult beginners and participants with physical limitations. The 30-45 minute workout class is led by a Certified Instructor, Tina with DVD instructor on Wednesday's.

**Cost:** \$15.00 for Senior Center members or Friends of the Senior Center for Course or \$3.00 per class. **Non-members cost:** \$25.00 course or \$5.00 per class!

*New*

*New*



## Hatha Yoga IV

**Dates: Wednesday, Sept 16**

Free Demonstration half hour at 4:30PM

Register by Sept. 9

## Hatha Yoga IV

**Dates: Wednesdays, Sept 16 – Oct. 28**

**Time: 5:15 PM or 6:45 PM**

*Registration open to 12 and older*

The **benefits of yoga include tension relief, deep breathing, and stress management.**

This popular 7-week class will be held at the Port Adult Community Senior Center. Bruce Van Dyke returns to teach this level one Yoga course. Bring a beach towel or your own mat, water bottle, and wear loose fitting clothes. He is certified. He has been on PBS and students look forward to his classes.

**Cost:** \$50.00 for Senior Center Members *In Celebrating National Senior Center Month (former students receive \$10 discount)* and \$60.00 for the public *(former students receive \$10 discount.)* **Register** by calling the center or e-mail [ckiener@ci.port-washington.wi.us](mailto:ckiener@ci.port-washington.wi.us) and specify class time. Student maximum 25.

## ENRICHMENT

**Computer Lab on the 2<sup>nd</sup> floor Mezzanine**

Tues, Wed, and Thurs 9-3 must demonstrate ability to use independently (turn on & off properly, etc). Sign in and out in the office! No fee members/guests \$5.00



## Friday Book Talk

**Date:** Friday, Aug. 14 at 9:30 at Library.

The book is Lighthouse Road by Peter Geye to be reviewed by Sally Ziegler. *New Members interested in joining Friday Book Talk please attend a meeting!*

*Preview Friday, Sept 11: All Girl Filling Station Last Reunion by Fannie Flagg*

## Ceramics

**Dates:** Thursdays from 9:15 – 11:00 AM

**Independent program until instructor starts.** Paint a pre-formed piece of green ware or bisque ware.

Cost: \$2.00 per week for members plus glaze, firing, and green ware piece! Non-member fee is \$4.00 per week plus supplies. Discount for items made for the Center showcase sales.

## Chicks with Sticks (Handiwork group)

**Meets:** Wednesdays at 1:00

Do you embroider? Sew? Knit? Crochet? You are encouraged to join this group. Come share your patterns and ideas.

Non-member fee is \$2.00 per week.



## Painting with Laurie

**Dates: Wednesdays Sept. 23 – Oct 28 at 3:15-5:00**

Any painting media welcome!

Any art supplies you already have can be used.

**Cost: to be announced in Sept.**

## Handcrafted Greeting Cards

**Date: Wed. September 2** at 1:30-3:00PM

*Preview next date: September*

Instructor Jennifer will have everything you need to make general themed cards.

Samples on display at the Center. Register with fee by Wed. Aug. 26.

Cost: \$10.00 per member and \$15.00 for guest. Maximum is 12! *Preview Oct. 7: Fall Holidays*

## Watercolor Open Studio

Dates: Tues, Aug.4-25 at 2:00-4:00 PM

Independent time to work on projects with other water color artists/students. Register by Aug. 3 with fee.

Cost: \$5.00 members/\$10 guests

**Watercolor Class: Alaska and other mountain adventures with water color**

**Dates:** Sept 15, October 6,13,20&27

**Instructor: Erin Blum**

Register with fee by Sept. 8

Supply list available by Sept. 1

Cost: \$50.00 member and \$60 guest

*New*

*New*



**Senior Singers –A Community Service**

**Dates: Mondays Sept. 21 – Dec. 14 at 9:00**

*Meets on the mezzanine (2<sup>nd</sup> floor).*

New & returning singers register for fall session by Sept 14! This is the Center community service group with performances to be scheduled in the community. Join for fun, improved breathing, or joy of music.

**New**

Cost: No charge members/\$15.00 guest

**“Hand and Foot” or Canasta**

Players meet at 7:00 PM on the 1<sup>st</sup> & 3<sup>rd</sup> & 5<sup>th</sup> Mondays: Aug. 3, 17 & 31; Sept 7 & 21  
Everyone is welcome!

**Non-member fee applies per week.**

**Cribbage –Tuesdays at 1:00**

Hands on cribbage learning sessions the 2<sup>nd</sup> Tuesday of the month during regular cribbage at 1:00. Introduce yourself to the group!

No fee for members, guests \$2.00 per week.

**Pinochle – New Players Welcome!**

This card game is played Wednesday at 10:00 AM. If interested, come to the center on Wed. There is no fee for members and non-members pay \$2.00 per week.

**Mah Jongg – New weekly activity**

Dates: Thursdays at 1:00 PM

Cost: Free to members/\$2.00 for public

**Mexican Train: A Domino Game**

Meets 2<sup>nd</sup> & 4<sup>th</sup> Thursdays at 11:00

Dates: Aug. 13 & 27

Volunteer facilitated.

Cost: No fee for members; guests pay \$4.00 per month unless registered for lunch.

**Monday at the Movies**

**Feature Film: A Birder’s Guide to Everything**

**Date: Monday, August 17 at 12:40**

**Rated PG-13, Running time: 86 min.**

Synopsis: David Portnoy, a 15-year-old birding fanatic, thinks that he's made the discovery of a lifetime. So, on the eve of his father's remarriage, he escapes on an epic



**New**

road trip with his best friends to solidify their place in birding history. A Comedy.

**Starring Ben Kingsley, Kodi Smit-McPhee & others.**

**LEAGUES**

**Green Felt Fall 8-Ball League**

Dates: Wed. Sept 9 (1<sup>st</sup> half ends Dec 23)

Men or women who would like to join call Paul Michel at 262-284-3915 or the office at 284-5821 by Sept. 1. NO Experience necessary, others will help you learn. NO Equipment needed!

Cost: Member in good standing and league fee approximate \$15.00.

**Green Felt Semi-Annual meeting And Ken Wunsch Shot out**

**Date: Wed. Sept. 2 at 11:30**

The meeting begins with lunch in the pool room at 11:30 and the meeting at noon.

Please RSVP by August 26 for food planning. NEW players should attend!

Cost: none for members

**Silver Strikers – Wii Bowling Returns September 15**

\*New players contact office by August 10 to start another league. **We have 2 people interested and would like 2-4 more!!**

**Summer Leagues**

**Adult Horseshoe League**

**Date:** Tuesdays to Sept 8 at 9:00 AM

Play occurs at the courts on Moore Road.

Register with fee

Cost: \$7.00 member/ \$14.00 Guest

**8-Ball Summer League**

Dates: Wednesdays to Aug 26

Registration now open in the pool room.

Cost: \$10.00 per member/\$15.00 guest

**Bocce Ball**

Dates: Tuesdays at 9:30

The courts are on Moore Road

New players Please Register in office to determine total participants expected!

Cost: no fee member/ \$15.00 guest

### Weekly Ongoing Activities

**Aqua Exercise** –Tues., Thurs., Fri., at 6:40AM

**Senior Singers** (Chorus) –Mondays 9:00

**Piano Lessons**- Tuesdays return September

**Green Felt Club** – Senior 8 Ball League Wed., open play Mon & Fri. after 2:00, and Sat. at 9:00am

**Chicks with Sticks**- Wed. at 1:00PM

**Ceramics** – Thurs. at 9:15AM

**Wellness Classes**–Aqua Ex, Tai Chi, Strength with Bands, Circuit Training, Strong Women, Zumba Gold and more various days check details above in wellness section. For information on class cost please call the center at 284-5821!

**Monthly Blood Pressure Checks** – See Calendar Page

**Leagues (Seasonal)**–Green Felt; Wii Bowl; Horseshoes; & Bocce Ball

### Card & Game Clubs

There is **no charge for members** as your membership assists with center operations.

**Non-members & out of town participants** contribute \$2.00 per week in the office!

Bridge – Tues. & Fri. at 1:00PM

Cribbage – Tues. at 1:00PM

Sheepshead – Mon & Thurs. at 1:00PM

Dominos Day – 2<sup>nd</sup> & 4<sup>th</sup> Thurs. at 12:30

Try joining Canasta, Tues. Public Sheepshead, or refresh at Thurs. sheepshead, cribbage, pinochle, and Fri. Bridge.

Looking for other games, check out dominos on game day!

### Public Card Parties:

Canasta 1<sup>st</sup> & 3<sup>rd</sup> & 5<sup>th</sup> Mon. 7:00PM

Sheepshead – Tues. 6:45 PM

Pinochle- Wed. 10:00 AM

### Clubs and Organizations Meeting

#### At the Center

Open 8-Ball/Green Felt Club –Mon.-Fri. at 2:00PM (except when needed for special program space) And Sat. at 9:00AM.

City Commission on Aging – 2<sup>nd</sup> Mon. at 7:00PM in the lower level



VFW – Last Wed. at 7:00PM

### Special Events

#### LAKESIDE TEA SOCIETY

**A Slovenian Tea as featured in Tea Time Magazine**

**Date: Wed. August 19 at 1:30**

Mary Ann Schellinger, current President of Branch 1 of the Slovenian Union of America, will be the guest speaker. She will share information on the Slovenian Culture through magazines, photos, and traditional dress. Following her presentation, classic Slovenian bread, Povitica, will be served with “Pink Tea” a typical beverage served at holidays.

Registration includes the program and tea; participants **must** register by Mon. Aug. 17.

**Cost:** \$5.00 members, and \$10.00 for guests. *Preview for September 23 at 1:30: A Scottish Tea*

#### Take Charge . . . Help Prevent Health Care Fraud and Abuse

Date: Wed. Aug. 5 at 1:00 PM

The Senior Medicare Patrol of Wisconsin representative, Patricia Conry, RN, also a Center Member, will present this important session. This session will cover how to detect fraud and where to report it. If you wish to attend lunch prior, please make a reservation for program and lunch when reserving your spot.

Cost: no charge for program; if attending lunch donation for meal

#### Monthly Birthday Party Sponsored by Friends of the Port Senior Center

*This is to celebrate with members and friends your special day.* The celebration will be in conjunction with the dining site lunch. The special Birthday treat will be Reservations to Jill by noon Thurs Aug. 27 for party Fri. Aug. 28.

**Cost:** Donation for lunch!



### **Lunch Bunch at Messina's Restaurant**

**Date: Wed. August 26 at 11:30**

Join members for lunch and conversation for this monthly dining out group. Meet at Messina's in Saukville for conversation and new connections! Register by Aug. 24.

Cost: On your own. .

### **Tuesday Night Sheepshead at 6:45 PM**

OPEN to the PUBLIC – Please encourage friends and family to check it out!

The cost is \$1.50 with prize money paid out to the top scorers. Players assist Building Volunteer with scoring.

### **Coffee Chat with Mayor Mlada**

**Date: September 23 at 8:30 AM**

The guest will be announced.

Cost: No fee for members or community

### **SENIOR DINING AT THE CENTER**

The Center is a site for the Ozaukee County Senior Dining Program. This is available to Seniors 60 and older. The meal is served at noon with a suggested donation of \$4.00 per meal. Reservations are required the day before by noon; call Jill, dining manager, at 262-483-9753 to reserve a spot!

### **Dining Transportation News**

Did you know you can get a ride for just \$1.00 each way when coming for lunch?

### **Port Washington Senior Center & Port Washington Dining Site Events:**

*Join us for conversation, fun and learning!*

5 – Blood Pressure

6 – Wheel of Fortune with Candy Prizes  
– Word Trivia

13 & 27 – Game Day at 11:00 AM

10 – Money Bingo

13- Ozaukee Senior Dining Picnic at GHS

17 – Movie: *Birder's Guide to Everything*

18 – Prize Bingo

28 – Birthday Party - Sponsored by Friends of the Senior Center

### **Community Events & Information**

### **Remember to thank the Picnic Door Prize**

**Sponsors!** Detailed list is at the center. Congratulations to the prize winners.



### **Ozaukee County Fair**

**Dates: Now to Aug 2**

If you miss it, check out the entries from the **Fair Friends**), the members who entered open and senior class exhibits, in the 2015 Oz County Fair. Items on display at the Center until Aug. 12.

### **Fair Friends – Oz County Fair Open & Senior Class Entries**

As of Newsletter deadline: Special Congratulations to Bev Schleg for her Purple Ribbon (best in class) for her sweater; Aileen Wiltgen a Yellow Ribbon (Merit Award) on a sweater, Susan Zembruski for a yellow on her baby hat, Carol Conrad a Yellow for her baby afghan, Ruth Lorge Yellow for her brown slouchie, and Patti Spencer a Yellow for her Baby Sweater & Cap Set.

### **Red Cross Community Blood Drive**

Date: Tues. Aug. 25 from 2:00 – 7:00 PM  
In cooperation with St. Matthews the Center is hosting the drive and their volunteers will assist. For an appointment call 1-800-733-2767 or visit [redcrossblood.org](http://redcrossblood.org) or walk in!

*New*

### **Concert in the Park**

**With Ice Cream Social**

*Sponsored by Columbia St. Mary's, the Port Saukville Rotary, BMO Harris Bank, Friends of the Port Senior Center, and the Adult Community Senior Center*

**Date: Thursday, Aug. 27 1:00 – 3:00 PM**  
**Pre-Register at Center by Aug. 20**

Center members & friends are invited to Rotary Park for music by Pickin' Up Speed, a Blue Grass & Country Grass group with an ice cream social and door prizes. The CENTER & OFFICE WILL CLOSE FOR THE SOCIAL FROM 12:45 -3:30.

Cost: No fee for this program, thanks to the sponsors, only pre-registration for planning!

*New*

### **Delta Kappa Gamma Book Discussion**

**Date: Tues. September 22 at 3:30 PM**

The group will discuss Cold Sassy Tree by Olive Ann Burns. Books will be available in late-August to pick up a copy to borrow at the Center and return to Center. Books are available in paperback, hardcover, or Large Print.

**Cost:** NO FEE members and \$3.00 per guest monthly.

### **Public 8-Ball & 9-Ball Play**

**Dates:** Tues Aug 4 – Sept. 22 at **6:30 – 8:30 PM**

There is a designated coordinator to open/close the 2<sup>nd</sup> floor.

**Cost:** \$1.00 per member/\$2.00 per guest  
Fee is paid weekly on Tuesday evening to the coordinator. This program will be re-evaluated to determine if it will occur in fall

### **Toe Nail Trimmers Foot Clinic**

**Date: Thur. August 27** by appointment 9:00 – 12:00. This service the Center will host on the 2<sup>nd</sup> floor in the mezzanine room even months of the year. Appointments will be taken by the Nail Trimmers.

**Cost:** \$27 member/ \$32.00 guest.

**Reservations:** Call Nail Trimmers at 262-719-0336

### **ASK THE FOOT CARE NURSE**

#### **What about Nail Fungus?**

**What causes fungus on toenails?** Fungus is an organism which is natural to our skin. Fungus likes an environment that is warm, moist, and dark. Our shoes are the perfect environment for growing fungus. As we age, we tend to wear our shoes longer and change shoes less often, contributing to the proper environment for fungus to grow. Pick up a flyer for more facts at the center!

### **Internet Banking Seminar**

**Date:** Sept. 28 at 3:00 -5:00

Port Washington State Bank is hosting this seminar at the bank, Wilson House room. A description will be in the Sept. Leisure Times.

**Cost:** none but space is limited so registration required by Sept. 21 or until filled.

### **Power of Attorney- Ozaukee Attorneys offer free services**

**Date:** Tuesday, Sept. 29 1:00 – 4:00

Attorneys from the Ozaukee County Bar Association will be available to meet individually with county residents to assist them in completing their Power of Attorney for Health Care. Documents and assistance will be provided free of cost. Completing a Power of Attorney allows a person to choose the individual he/she would want to make medical decisions in the event that the person is unable to make them for him/herself. In Wisconsin, spouses and children do not automatically have this authority. Completed Power of Attorney documents can help families avoid costly and time-consuming court proceedings.

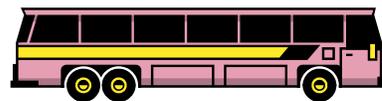
Appointments are open to anyone age 55 and older, as well as to persons with a disability determination. Contact 262-284-8200 (metro: 262-238-8200) for scheduling.

**Cost:** This is a free event jointly hosted by the Ozaukee County Bar Association and the Oz County Elder/Adults at Risk Interdisciplinary Team.

### **AARP Smart Driver Course**

**Date:** Oct 1 at 1:30-5:30

The AARP Smart Driver™ Course is the nation's first and largest refresher course for drivers age 50 and older. It has given millions of drivers the skills and tools they need to drive safely on today's roads, allowing them to remain independent for many years to come. And the best part? There are no tests to pass - just useful information to keep you safe on the road.  
**Cost:** \$15 member/AARP or \$20.00 guest.



### **One Day Adventure Trip News**

**Trip Payment & Refund Policy: Prices are quoted for center members; guests add \$4.00 for day trips or as quoted for a**

*New*

specific trip as a non-member price. Sign up is on or after the call in day listed with each trip. **You must register in advance and pay by the deadline or your name may be dropped from the list!**

*Cancellations are not guaranteed a refund. Cancellations within **FOUR** weeks will be **refunded only if someone fills the opening!** There are trips we reserve the right to advertise which are sponsored by travel agencies. It is for your convenience that we advertise them. All other information is handled by the agency. **Contact the office regarding any special needs you have.***

**PARKING FOR DAY TRIPS:**  
WHEN LEAVING ON A DAY TRIP  
**PLEASE PARK YOUR CAR ½ block and further from the Center or west of the alley on Foster St.**

**The Green Bay Packer's –Tour of Titledown and Lambeau Field**

**Date: Wednesday, August 5**

**Check for any available seats**

Includes lunch at a new restaurant in Lambeau Field Atrium, **1919 Kitchen & Tap.** Cost: \$98.00

**Pump Boys and Dinettes at the Fireside**

**Date: Thur. August 20**

Travel down highway 57 to the land of roadside diners and homemade pie to the Double Cupp Diner for a double helping of fastpace, good-natured, foot-stompin hand clapping fun. Broadway hit featuring country, rock, western-swing, and folk music. Steve Watts is in the role that fist brought him to the Fireside.

Cost: \$89.00. Depart 8:15 a.m.

Includes: Deluxe motor coach, escort, admissions, lunch, and gratuities.

**Arlington Race Track –Only 2 Seats left Thursday, Aug 27 depart Port at 8:15**

Payment due with registration.

Enjoy the ultimate in thoroughbred racing after a delicious lunch at the



Olive Garden. Choose: #1 Lasagna Classico, #2 Spaghetti & Meatballs; #3 Eggplant Parmigiana; #4 Fettuccine Alfredo, #5 Ravioli di Portobello

Tour includes: escort, motor coach, lunch and admissions. Cost: \$68.00 member/guest

**West Side Story** at the Fireside Theater – **2 seats left Payment due with registration**

**Date: Thur. Sept. 10**

One of the most celebrated of all musicals comes to The Fireside stage - Leonard Bernstein's sumptuous, incomparable musical updating of Shakespeare's most romantic play **ROMEO AND JULIET - WEST SIDE STORY.** This deeply moving, dramatic, sometimes hilarious, always beautiful musical tale of star-crossed lovers was nominated for six Tony Awards and won a record ten Oscars. It will transport you with its magnificent musical score, its exquisite and exciting dancing, and its heart-warming love story.

Cost: \$89.00. Depart 8:15 a.m.

Includes: Deluxe motor coach, escort, admissions, lunch, and gratuities.

**Milwaukee Art Museum**

**Van Gogh to Pollock: Modern Rebels**

Date: Tuesday, Sept. 15 –need more Payment due with registration by Sept. 1.

This exhibit is from the Albright-Knox Art Gallery. This will include transportation only.

Museum ticket purchased on your own at the museum. No escort.

Cost: Will be bus only to be announced & Departure to be announced by August 12.

*New*



**Three Bridges Christian Concert**

**Payment due August 25 – 10 Seats remain**

Date: October 6 at the Fireside

The music has its roots in traditional southern gospel and black gospel music. The blended style has made them one of the most prominent international groups in Christian music today. They have wowed venues across the world from charitable events to Air Force One.

Menu: Deep fried cod and baked chicken with corn fritters, Fireside breads and more.  
Cost: \$65.00

Departure from Port at 8:00 AM

**Mystery Trip - Where On Earth Are We? – 7 seats left Payment due Sept 1 Date: October 15**

We are somewhere with tasty food and fun for you! This is a new adventure for a time you will remember.

Cost: \$82.00

Includes deluxe motorcoach and more!

Depart at 8:00 AM return approx. 6:00

**New**

### **Ho Chunk Casino**

**Date: Friday, Nov. 6**

Ho Chunk Casino is located in Baraboo, WI approximately two hours from Milwaukee. Ho Chunk has added a Poker room and a bar/lounge area plus over 1,000 new machines – even penny slots! Ho Chunk offers a non-smoking area in the casino, a large array of nickel machines, an Off-Track betting parlor and all Las Vegas-style gaming. The Standing Rock buffet is excellent and they also offer a cafeteria-style restaurant with burgers, tacos, breakfast, etc. This will include a stop at Baraboo Candy!

Depart 8:00 AM return approx. 7:30 PM

Includes: Deluxe motor coach transportation \$25 in credits on your player's club card at the machines 10% off meal when using your player's club card.

**Cost:** \$33.00 member/ \$37.00 guest

Payment due by Oct. 1, 2015

### **Fox River Mall Shopping Appleton**

**Date: Mon. November 16 -5 seats left**

Start your day at the Kristmas Kringle Shoppe in Fond du Lac then continue your shopping until you drop at the Mall in Appleton with over 180 favorite stores.

**Cost:** \$25.00 Member/\$29 guest - for a deluxe motor coach bus, snacks, and beverage. Door prizes will be drawn on the bus. Depart Port at 8:30 AM. Return approx. 6:00PM

Payment due Oct. 26



### **A Wonderful Life the Musical**

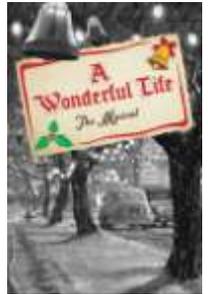
**Date: Thur. Nov. 19 -15 seats left**

See description under Dec 10<sup>th</sup> trip

Cost: \$89.00 member/\$93 guest

Includes: Deluxe motor coach, escort, admissions, lunch, and gratuities.

Depart Port: 8:00 AM Return approximately 6:30PM.



### **A Wonderful Life the Musical**

**Date: Thur. Dec. 10 – 4 seats left**

"Remember, no man is a failure who has friends." Tens of millions wait

every Christmas to see Frank Capra's classic film of dreams and the power of love. The story of George Bailey and his wonderful life in Bedford Falls has brought hope and inspiration to every heart with its celebration of the goodness in all of us. It is the perfect message for the Christmas season. The Fireside continues its long tradition of bringing you the finest in Christmas entertainment with a stunning, live stage version of this beloved film. Written by Pulitzer Prize and Tony Award winning lyricist Sheldon Harnick, one of the creators of FIDDLER ON THE ROOF, and Grammy and Emmy Award winner Joe Raposo whose music from SESAME STREET and THE ELECTRIC COMPANY has inspired generations of young people, A WONDERFUL LIFE captures all the magic of the film and so much more. With humor, pathos, beautiful dancing, and a brilliant musical score this Fireside production will shine with the true spirit of Christmas.

Cost: \$89.00 member/\$93 guest

Includes: Deluxe motor coach, escort, admissions, lunch, and gratuities.

Depart Port: 8:00 AM Return approx 6:30PM.

Cost: \$89.00 member/\$93 guest

Includes: Deluxe motor coach, escort, admissions, lunch, and gratuities.

Depart Port: 8:00 AM Return approx 6:30PM.

Cost: \$89.00 member/\$93 guest

Includes: Deluxe motor coach, escort, admissions, lunch, and gratuities.

Depart Port: 8:00 AM Return approx 6:30PM.

### ***A Christmas Portrait at the Grand Geneva***

**Date: Tues. Dec 15 – seats left**

Over 1,300 acres filled with festive lighting displays and elaborate holiday exhibits.

Inside, the scents of fresh holiday pine and a

**New**

roaring fireplace make this a season spectacle.

Enjoy a wonderful 3 course luncheon. After the show enjoy tea and cookie served in the Forum Theater. Return to the Main Lodge to view Holiday Displays and Gingerbread Houses

You will have time to browse the unique shops of the Grand Geneva Resort.

Cost: \$85.00

Departure: 9:15 AM Return 7:30PM

Payment due Nov. 5

### **2015 Extended trips:**

These tours are offered with Grafton and Cedarburg to provide more travel options to you our valued travel partners! *Did you know we have more opportunities if our selected adventures do not meet your needs? Stop in for a travel book.*

*Thank you for choosing travel with the Senior Center through these providers as the Center does receive Marketing credit!*

**Discover Switzerland, Austria, & Bavaria**

Date: September 24 –Oct 2, 2015 - closed

**2016 Travel Show for 2 Exciting travel opportunities: Gulf Shore Breezes & information on Washington Waterways with Seattle**

**Date:** August 11 at 3:30 PM

Join in to learn more about this April 9, 2016 departure featuring 3 nights at the Perdido Beach Resort. Exclusive travel show discounts including an additional \$50.00 per person, refreshments, and door prize!

Cost: none but registration due by Aug. 6.

### **2016 Day Adventures**

Fireside Trips for 2016 are booked!

### **LEGENDS IN CONCERT**

Date: January 21, 2016

Reservations begin

Imagine seeing not one, not two, but six of the biggest acts in show business in one great performance!! When we talk about

big acts we mean big. We're talking about artists that have gone well beyond the designation of superstar. We're talking about LEGENDS! Carrie Underwood, Neil Diamond, Elton John, Buddy Holly, Whitney Houston, Elvis Presley. Now you can see these great stars re-created LIVE on The Fireside stage! Direct from Las Vegas, LEGENDS IN CONCERT presents dynamic and talented performers re-creating the unforgettable concert appearances of these show biz immortals.

Cost: To be announced

Departure: 8:00 AM

## *Welcome New Members*

We look forward to seeing you at the Center! Stop in and reintroduce yourself or use your free coupon for lunch!

**Marti Di Mario, Connie Henke, and Marie & Gary Zirbes**

**Please join us to Celebrate**

**Monthly Birthday Party –Celebrate You!**

**Sponsor: Friends of the Port Senior Center**  
Friday, August 28, all August birthdays will be celebrated! Reservations are due in to Jill by noon Thursday, Aug. 27! This month's birthday treat will be a DQ Ice Cream Cake!

Cost: Lunch Donation!

***Happy Birthday August!***

1 *Regina Bares, Joe Milonzi*

2 *Lucille Wester*

3 *Patrica Turcotte*

4 *Shirley Groothousen,  
Robert Tetley*

7 *Lois Husting, Pat Neitz  
Marilyn Schmit,*

*Clyde Weiland, Aileen Wiltgen*

8 *Onnie Laue*

10 *Mary Joy Kattner,*

*Dennis Krier*

11 *Paul Ehrlich, James Heiser*

12 *Lillian Rebstock*

14 *Meg Fassett*

**New**

- 15 Margaret Haugstad,  
Pat Krainz
- 16 Carol Heinen,  
Spyros Heniadis,  
Margaret M. Prom
- 17 John Maynard
- 18 Ken Hoard,  
Richard Husting
- 19 Lillian Haseley,  
Shirley Dalske,  
Nadine Katchever
- 20 Robert Clearwater,  
Connie Henke, Mary Neerhof
- 21 Paul Taylor, Laura Stricker,  
Santo Mirasola
- 22 Donna Riemer, Elaine Nulph,  
Joann Thill
- 25 Betty Bley, Chuck Norman
- 29 Joan Biever, Jerry Packard
- 31 Dona Keith,  
Elizabeth Roberts



### In Memorium

We offer our sympathy to the family & friends of: *Ted Zembruski, Delores Bertoni, Marion Moseler, and Marge Lampert*

### **Find Us on Facebook**



For those who liked our page, please check back and like various posts to help the center stay connected to you on Facebook.

For the rest of the members on Facebook, we only have 70 likes help us reach 100 by October! The Senior Center has a Facebook page under "Port Washington Adult Community Senior Center". Please be sure to "like" the Center page when you are on Facebook.

### **Vegetable Casserole from the Spring Fling May 2015**

Larry's Favorite Vegetable Casserole  
1 can corn drained  
1 can cream corn

1 can (4-8 oz) sliced mushrooms (drained)  
1 pkg Frozen Broccoli  
1 Pkg frozen cauliflower  
1 can cream of celery or cream of mushroom (I use cream of mushroom)  
2 cups shredded Swiss cheese  
1 Can Durkee Onions  
Thaw vegetables (overnight in refrigerator) or cook longer if using frozen. Mix all ingredients together in a large ovenproof casserole dish. Top with durkee canned onions (I usually add 1/2 to veggies and use 1/2 on top half way through baking)  
Bake 375 degrees for 30-35 minutes or until hot (I find I usually have to bake it for 45 minutes)

### **Smile of the Month –Animal Photobombs**

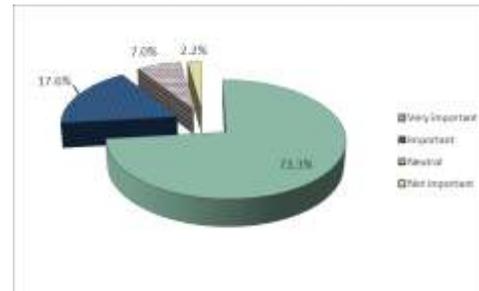


### **INSTRUCTORS NEEDED**

Do you know anyone with a craft skill? Do you know anyone who enjoys walking or biking? How about baking? The Center is looking for instructors, volunteer or paid, to lead fall/winter classes. Please share your contact name with Catherine by August 12.

### **Sample Survey Results**

Please check out the survey copy in the office for more information!



**Question 7: How important is it that there is one central, dedicated building for senior services and programming**

