

PORT WASHINGTON ADULT COMMUNITY  
SENIOR CITIZENS CENTER



ckiener@ci.port-washington.wi.us  
262-284-5821

*Office Volunteer Training April 16  
Annual Membership renewal for Friends of the Center due  
Horseshoe League Meeting April 21  
Oz Senior Games Registration; Check out new game opportunities*

Port Washington Adult Community Senior Center  
403 West Foster Street  
Port Washington, WI. 53074

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Member: Wisconsin Association  
Of Senior Centers (WASC),  
National Institute of Senior Centers (NISC) &  
Wisconsin Park & Recreation Association (WPRA)



Check out the Creative Art Classes and Spring into a new hobby!



Enjoying the Music from St. Patrick's Day Party



Port High Exchange Students & Principal Burke at the International Tea hosted by the Center's Lakeside Tea Society

**APRIL EVENTS**

*Please check out the newsletter for information on the:*

- Office Volunteer Training
- AARP Driver Safety Course
- Mahjong Training
- Banana Grams

Know the 10 Signs- An informative session about Dementia and Alzheimer's disease.  
Avada Hearing Clinic

**SUMMER LEAGUES**

*Watch for information on start dates and meetings:*

- Horseshoes – April 21
- Summer 8-Ball – end of May/June
- Bocce – June

**OLDER AMERICANS MONTH CELEBRATED IN MAY**

“Get Into the Act”

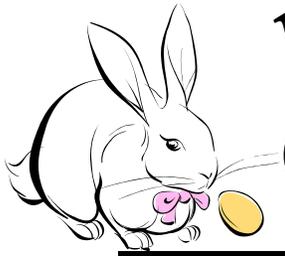
Monday, May 11

Open House and Music by Mark Mrozek  
3:30 – 5:00 PM

Please encourage friends, adult children, and neighbors to join us!



Thank you Friends for the Monthly Birthday Dessert from the February Celebrants at the Party : Catherine, Pat, Betty, Sally



# Port Washington Adult Community Senior Center

## The Leisure Times

### April 2015

Port Washington Adult Community Senior Center  
403 W. Foster Street  
(262) 284-5821  
E-mail: [ckiener@ci.port-washington.wi.us](mailto:ckiener@ci.port-washington.wi.us)

Catherine Kiener, CPRP Director  
Rose Gleue-Rogers, Assistant  
Steve Orvis, Environment

**Center Office Hours: Monday – Thursday 8:30AM – 4:00PM**  
*Friday 8:30AM- 2:00PM*

40 + Years as the Gem of Strength for Active Aging

*Mission: To promote healthy aging by providing cost effective programs, classes, activities and services to citizens 55 years and better. Adopted April 10, 2002*

#### Director's Report

The adults of today have more options for keeping engaged. Please make the senior center "Your Home Port" for an active, enriching lifestyle. The Senior Center is the longest established source for education and enrichment for adults especially 55 and better. See the new education seminars on Spring Care for you back, Know the 10 Signs, and AARP Drive Safe. Join the partners who bring these topics to the Community through the Senior Center. Invite children, neighbors, and friends to join you.

Please thank Steve for his service to the Center as he moves on to another position in the City! His last day will be Friday, April 10, until a replacement is hired, when he will return to train the new person. A thank you lunch will be scheduled at a later date.

COUNCIL Tour Tues. May 5 at 5:30! See Special events for the details.

#### **Thought From the Senior Board Chairman – Paul Michel**

May 5 at 5:30 the center hosts an Aldermanic tour to help show the need for a Center and all it offers. See Special events for more information. Advocacy to City Council is the ongoing effort to inform the Council of the need for a place to call "home" for the services of the Center. Consider sharing why you value the Senior Center. Dates needed are: Wed. April 8 & Tuesday, April 21 at 7:30PM.

We all need to keep talking the Center up in the community and to our children!

#### **UPCOMING EVENTS:**

- **Chiropractic Care April 14**
- **Office Volunteer training April 16**
- **Birthday Party Fri. April 17**
- **Horseshoe organization meeting April 21**
- **Alzheimer's "10 Signs" April 27**
- **City Council Tour of Center May 5**
- **One Day Adventures & Extended Trips: pgs. 8-10**
- **SAVE THE DATE: Get Into the Music Older Americans event May 11, Spring Fling May 21; Senior Games May 28-June 18; Oz Senior Conference June 17**

#### **Thank You, Thank You**

##### Thank you March Newsletter Crew:

Joan Murphy, Marge Hoffman, Sandi Preisler, Darlene Brown, Sharon Swatek, Donna Stepaniak, Rosemary Wieland and Loretta Federspiel.

#### **Volunteer Opportunities**

*"Everyone can be great because anyone can serve. – Dr. Martin Luther King, Jr*  
**Office Volunteers Regular 4<sup>th</sup> Friday & On-Call—contact Rose or Catherine if interested!**  
**Hosts – Older American month open house Mon. May 11 to assist with refreshments contact Catherine if interested by April 27!**

**Club Leader for biking club-** plan monthly bike rides April – September. Contact Rose

### **Donations, Gifts or Memorials**

Donations and gifts for the benefit of the Senior Center should be made out to the Senior Center with the designation in the memo section of the check. Process for memorials: The memorial is to be made to the Port Senior Center or Friends with or without a specified purpose. When specified, the Director and group review the purpose to improve or enhance the group. *You can make the Port Senior Center a recipient of a gift, any time of the year.*

**The Friends of the Port Washington Senior Center** is a 501-C organization which can accept your charitable gifts now or designated for the future. You may also choose to join as a member. Pick up an application at the Senior Center. This is a non-profit group to assist in financially supporting the senior center now and into the future, please consider joining. President-Harold Johnson  
Secretary – John Maynard  
Treasurer – Meg Adams

### **Center Operations & Procedures**

We encourage our members who **may need** special assistance living on their own to register for events, programs, and trips **with a friend, family member or caregiver to provide the assistance** they may need. Due to the limit of staff, the Center cannot provide one-on-one assistance during the event, class, or trip. Please register with staff so we can be aware of individual needs. **Members who reside in care settings, such as group homes, must attend Senior Center programs with a caregiver.**

**Sign in:** Members and guests must sign in each visit whether once a day, week, month or 2 or 3 different times a day. This is important for the City annual report statistics.

**Regular Center Activities & Special Events:** There are times when a special event or new program is offered that may impact the location of a regular program or its start time. All members' cooperation is appreciated when offering events.

**Membership-** Annual membership is from January to December. **Individual fee is \$17.00 and Couple \$22.00** for City and Town of Port Residents & since 2012 membership the Village of Fredonia!

**Out of town individuals** to receive membership the fee is \$37.00 per person or \$64.00 per couple per year, it includes the newsletter and may be paid quarterly; or may subscribe to the newsletter for \$12.00 per year. ***Non-member weekly fee for guests in town is \$2.00 and out of town \$4.00. All members must assist with the enforcement of the fee paid in the office prior to participation.***

***Value of membership in the Center*** offers you a place to read the Journal Sentinel, Ozaukee Press, News Graphic, & a variety of magazines saving you money on subscriptions; discounts on classes; and use of laptops and WiFi.

**Recyclables** – There is a container on both levels for aluminum cans. The can should be rinsed then deposited in the container. Clean cans are preferred for recycling. Thanks to all who help.

### **Senior Center Board of Directors:**

*Paul Michel, Chairman; Bonnie Knaub Vice-Chairman; Bob Clearwater, Secretary; Roberta Blumenberg, Peggy Maynard, Sharon Swatek, John Jacque, Carol Conrad, Sandi Preisler*

### **Programs & Classes for Healthy Living**

*What is one word that can help reduce risk of falls? **FITNESS!***

### **PHYSICAL WELLNESS**

**Aqua Exercise Class - "Make the Pool your gym"**

Dates: Tues., Thur, and Fri at 6:40 AM

You do not need to get your hair wet, bring a towel & suit, and increase your flexibility.

Class is held at the District Aquatic Center TJ School on Holden St.

**Cost:** \$6.00 for member and \$10.00 for non-member per month. Register monthly at the Center or call 284-5821.

### **Strength with Bands Session III**

**Dates: Wed & Fri April 1 to May 8 at 11:00**

Instructor, Holli Parker will use primarily exercise bands & balls in this class for novice, intermediate, or experienced participants.

**Cost:** \$50.00 per member/ \$60.00 Guest

Minimum 6 students Maximum 15

### **Beginners Tai Chi with emphasis on Arthritis – Session II**

**Dates: March 30 to June 22 at 9:00 AM**

Tai Chi is an ancient practice proven to reduce pain and improve your mental and physical well-being. The Arthritis Foundation Tai Chi Program developed by Dr. Paul Lam, uses gentle Sun-style Tai Chi routines that are safe, easy to learn and suitable for every fitness level. Open to adults 55 and better with or without arthritis! Participants must be independent and able to follow directions.

Instructor: KT Rusch is a certified teacher from the Tai Chi Center of Milwaukee, where she has studied and practiced for over 18 years. Her classes are known for a personal touch and a sense of humor.

**Cost:** \$95.00 per member & \$105.00 for Non-members.

### **Circuit Training I -Women 40 & Older**

**Dates: to April 23**

**Tues @ 9:00AM & Thur. @ 8:30**

Instructor: Tina Mach

**Cost:** \$30.00 member/\$40 guest 7-weeks

*Class size: max. 15*

### **Strong Women Class (session II)**

**Dates:** April 28 –June 11

Tues at 9:00 & Thur @ 8:30

This national evidenced based program was developed at Tufts University by Dr. Miriam Nelson. It is designed for women 40 and older. This training curriculum is designed to help women maintain muscle mass, strength, and function as they age! New Year, new you!

**Cost:** \$30.00 member/\$40 guest 7-weeks

### **Circuit Training II -Women 40 & Older**

**Dates:** June 16-July 30

**Tues @ 9:00AM & Thur. @ 8:30**

This program is adapted from Strong Women, Silver Sneakers, & other age inspired fitness routines to provide your body with a challenging workout. A release form must be completed for all new participants or present members with physical or health changes.

Instructor: Tina Mach

**Cost:** \$35.00 member/\$45 guest 7-weeks

Class size: max. 15

### **Tai Chi Continuing Course Session II**

**Dates: Mondays March 30- June 22 at 10:00**

Tai Chi promotes balance, flexibility, & good overall health. Meets 1<sup>st</sup> floor level of Senior Center at 11:30 AM.

**Cost:** \$95.00 per member and \$105.00 guest.

### **Zumba Gold Classes (Session II)**

**Dates: Tues, Wed, Fri, & Sat to April 25 or Weekly registration available**

Meet 1<sup>st</sup> floor south end at 8:15 AM

**Cost:** \$15.00 for Senior Center members or Friends of the Senior Center for Course or \$3.00 per class. **Non-members cost:** \$25.00 course or \$5.00 per class!

### **Zumba Gold Classes (Session II)**

**Dates: Tues, Wed, Fri, & Sat April 28 to Ju 13 or Weekly registration available**

Meet 1<sup>st</sup> floor south end at 8:15 AM

The low impact, easy to follow, Latin-dance inspired fitness party... Keeps you in the groove of life! This is the newest aerobic routine designed for adult beginners and participants with physical limitations. The 30-45 minute workout class is led by a Certified Instructor, Tina with DVD instructor on Wednesday's.

**Cost:** \$15.00 for Senior Center members or Friends of the Senior Center for Course or \$3.00 per class. **Non-members cost:** \$25.00 course or \$5.00 per class!



**New**

### **Hatha Yoga II**

**Dates: Wednesdays to April 22**

**Time: 5:15 PM or 6:45 PM**

Student maximum 25.

**Hatha Yoga III – Former students receive \$10.00 discount!**

**New**

**New**

**Dates: Wednesdays May 6 to June 17**

**Time: 5:15 PM or 6:45 PM**

*Registration open to 12 and older*

**The benefits of yoga include tension relief, deep breathing, and stress management.**

This popular 7-week class will be held at the Port Adult Community Senior Center. Bruce Van Dyke returns to teach this level one Yoga course. Bring a beach towel or your own mat, water bottle, and wear loose fitting clothes. He is certified. He has been on PBS and students look forward to his classes.

**Cost:** \$50.00 for Senior Center Members (former students receive \$10 discount) and \$60.00 for the public (former students receive \$10 discount). **Register** by calling the center or e-mail [ckiener@ci.port-washington.wi.us](mailto:ckiener@ci.port-washington.wi.us) and specify class time. Student maximum 25.

**Last until fall**

**Indoor Walking at the Center**

Dates: April 6, 7, 9 Monday 11:30 – 1:00; Tuesday & Thursday 10:30 – 1:00

The center 1<sup>st</sup> floor is open for walking on these days and times. You are **required to register** in the office for a half hour time slot. Walking will be circular and limited to 2-3 per half hour.

Cost: none for Members/ \$15.00 public

**ENRICHMENT**

**Tech Thursdays featuring Wii Bowling**

**Dates:** April 9, 16, 23, 30 at 3:00 PM-4:00

Interested in playing Wii Bowling?

Cost: \$0 members/\$5.00 guests for 4 weeks.

Register with fee by April 8.

**New**

**Computer Lab on the 2<sup>nd</sup> floor Mezzanine**

Tues, Wed, and Thurs 9-3 must demonstrate ability to use independently (turn on & off properly, etc).

Sign in and out in the office!

No fee members/guests \$5.00



**Friday Book Talk**

**Date:** Friday, April 10 at 9:00 at Tello's

The book is The Vacationers by Emma Straub to be reviewed by Irene Taylor. *New Members interested in joining Friday Book Talk* please attend the meeting!

*Preview Friday, May 8: The Silver Star by Jeanette Walls*

**Ceramic Pottery WITH Instructor**

**Dates: Weds April 8 – 29 at 5:00 PM**

Interested participants, register by April 7.

One hour class to start projects and set up for Thursdays. Paint a pre-formed piece of green ware or bisque ware. The fee is \$2.00 per week for members plus glaze, firing, and green ware piece! Non-member fee is \$4.00 per week plus supplies. Discount for items made for the Center showcase sales.

**Ceramics - ALL Skill Levels**

**Dates:** Thursdays from 9:15 – 11:00 AM

***Independent program until instructor starts.***



***Chicks with Sticks (Handiwork group)***

**Meets:** Wednesdays at 1:00

Do you embroider? Sew? Knit? Crochet?

You are encouraged to join this group. Come share your patterns and ideas. Non-member fee is \$2.00 per week.

**Painting Class – All Media Welcome**

Dates: Now to April 8 at 3:15-5:15-NO Class April 1

Instructor: Laurie Sucharda

**Spring Painting & Project Finish – All Art Media Welcome**

**Dates: Wednesdays April 22 – May 27 at 3:15-5:00**

Restart your creative spirit with spring painting! Emphasis will be on helping beginning and continuing students find inspiration and then executing one or more paintings over the length of the course.

Classwork will include lessons in composition and color mixing. Learn a new skill for spring or re-ignite an old interest. Any art supplies you already have can be used. The instructor will have some basic materials on hand to experiment with.

**Cost: \$50.00/member and \$60 guest**

**Handcrafted Greeting Cards**

**Date: Wed. April 8 at 1:30-3:00PM**

*With the age of the computers, each hand written message is cherished.* Come join us as we create those handmade cards to send to

friends and family. All supplies and adhesives will be provided. Rubber stamps and coordinating cardstock and ink pads are used to create stunning cards. This class is taught by Jennifer Dimmer, Stampin' Up Independent Demonstrator. Come join us. **Register and pay by Monday, April 6.**

**Cost:** \$10.00 per member and \$15.00 for guest. Maximum is 12!

*Preview next date: May 6*

### **Watercolor – “Lace”**

Dates: Tuesdays, to Apr. 7 at 2-4 p.m.

Plan your own original design on watercolor paper. A demonstration will be given before you begin painting.

**Cost:** \$35.00 member/\$45.00 guest

**New**

### **Watercolor Studio**

Dates: Tues, April 14- May 5 2:00-4:00 PM  
Independent time to work on projects with other water color artists/students.

**Cost:** \$5.00 members/\$10 guests

### **Senior Singers –A Community Service**

**Dates: Mondays at 9:00**

*Meets on the mezzanine (2<sup>nd</sup> floor).*

This is the Center community service group with performances to be scheduled in the community. Join for fun, improved breathing, or joy of music. New singers register for fall session in the office.

**Cost:** No charge members/\$15.00 guest

### **“Hand and Foot” or Canasta**

Players meet at 7:00 PM on the 1<sup>st</sup> & 3<sup>rd</sup> & 5<sup>th</sup>  
Mondays: April 6 & 20; May 4 & 18  
Everyone is welcome!

**Non-member fee applies per week.**

### **Cribbage –Tuesdays at 1:00**

Hands on cribbage learning sessions the 2<sup>nd</sup> Tuesday of the month during regular cribbage at 1:00. Introduce yourself to the group!  
No fee for members, guests \$2.00 per week.

### **Pinochle – New Players Welcome!**

This card game is played Wednesday at 10:00 AM. If interested, come to the center on Wed.

There is no fee for members and non-members pay \$2.00 per week.

### **Mahjongg – Learn to Play**

Date: Thursdays April 9 – 30<sup>th</sup> 1:00-3:00

Learn to play this ancient tile game and keep your mind sharp!

Instructor: Terry Wysocki

**Cost:** None/Members \$5.00/guest

### **Banana Grams**

Date: Mon. April 20 7:00 -8:00 PM

“The anagram game that drives you bananas.”

In this addictive word game, speed wins, not points. Are you looking for a new game or know others who would enjoy playing? This is a public game event. Register by April 16.

**Cost:** Free to members/\$2.00 for public

### **Mah Jongg -Review**

Dates: May 7 & 14

Have not played for a while? Join in this review.

**Cost:** Free to members/\$2.00 for public

### **Mexican Train: A Domino Game**

Meets 2<sup>nd</sup> & 4<sup>th</sup> Thursdays at 11:00

Dates: April 9 & 23; May 14 & 28

Volunteer facilitated.

Come and practice for Senior Games!

**Cost:** No fee for members; guests pay \$4.00 per month unless registered for lunch.

### **Monday at the Movies**

**Feature Film: Imitation Game**

**Date: Monday, April 27 at 12:40**

**Rated PG-13, Running time: 114 min.**

**Starring** Benedict Cumberbatch, Keira Knightley, Matthew Goode

**Synopsis:** During World War II, mathematician Alan Turing tries to crack the enigma code with help from fellow mathematicians.

*Preview Mon., May 18 – My Old Lady*

### **LEAGUES**

**Green Felt 8-Ball Season**

**2<sup>nd</sup> Session** to May 27

New members interested should contact office.

**New**



Cost: Member of PWACSC in good standing plus league fee of \$15.00.

### Silver Strikers – Wii Bowling Session I

Congratulations on the high scores:  
Marge H. – 435; Ceil S. – 430; John M. -407;  
Donna S. -401; Wayne H.- 396

### Silver Strikers – Wii Bowling Session II

**Dates:** Tuesdays March 31 to June 2  
Tuesday is for current continuing players.  
Cost: \$5.00 per couple member or \$12.00 per non-member couple.

\*New players contact office for available days to start another league. **We have 2 people interested and would like 2-4 more!!**

### Summer Leagues

#### Adult Horseshoe League Meeting

**Date:** Tues. April 21 at 10:30 AM  
An organizational meeting for the summer league will take place in the lower level at the Center. Starting date, fee, and participant sign up will be discussed.  
RSVP for meeting by April 20 to the office.

**8-Ball** – begins end of May

**Bocce Ball** – begins in June

### Weekly Ongoing Activities

**Aqua Exercise** –Tues., Thurs., Fri., at 6:40AM

**Senior Singers** (Chorus) –Mondays 9:00

**Piano Lessons**- Tuesdays On Hold April

**Green Felt Club** – Senior 8 Ball League Wed., open play Mon & Fri. after 2:00, and Sat. at 9:00am

**Chicks with Sticks**- Wed. at 1:00PM

**Ceramics** – Thurs. at 9:15AM

**Wellness Classes**–Aqua Ex, Tai Chi, Strength with Bands, Circuit Training, Strong Women, Zumba Gold and more various days check details above in wellness section. For information on class cost please call the center at 284-5821!

**Monthly Blood Pressure Checks** – See Calendar Page

**Leagues (Seasonal)**–Green Felt; Wii Bowl; Horseshoes; & Bocce Ball

### Card & Game Clubs

There is **no charge for members** as your membership assists with center operations.

**Non-members & out of town participants** contribute \$2.00 per week in the office!

Bridge – Tues. & Fri. at 1:00PM

Cribbage – Tues. at 1:00PM

Sheepshead – Mon & Thurs. at 1:00PM

Dominoes Day – 2<sup>nd</sup> & 4<sup>th</sup> Thurs. at 12:30

Try joining Canasta, Tues. Public Sheepshead, or refresh at Thurs. sheepshead, cribbage, pinochle, and Fri. Bridge. Looking for other games, check out dominos on game day!

### Public Card Parties:

Canasta 1<sup>st</sup> & 3<sup>rd</sup> & 5<sup>th</sup> Mon. 7:00PM

Sheepshead – Tues. 7:00 PM

Pinochle- Wed. 10:00 AM

### Clubs and Organizations Meeting

#### At the Center

Open 8-Ball/Green Felt Club –Mon.-Fri. at 2:00PM (except when needed for special program space) And Sat. at 9:00AM.

City Commission on Aging – 2<sup>nd</sup> Mon. at 7:00PM in the lower level

VFW – Last Wed. at 7:00PM



### Special Events

#### LAKESIDE TEA SOCIETY

#### Victorian Tea & Fashions

**Date: Wed. April 15 at 1:30**

The Victorian era was the time of development for tea rooms and of afternoon tea traditions. Join Lynn Gibbs as she shares Victorian tea traditions and fashions of the times. A sweet and English tea will be served following the presentation. Registration includes the program and tea; participants must register by Mon. April 13.

**Cost:** \$5.00 members, and \$10.00 for guests.  
*Preview for May 20 at 1:30: Musical Tea featuring the Harp*

#### Ed Weyker/Pat Roberson Memorial 8-Ball Pool tournament

**Results:** 1<sup>st</sup> -Nelda Bartz & Ron Mans  
2<sup>nd</sup> – Tim Lewin & Jerry Downing



**Monthly Birthday Party Sponsored by Friends of the Port Senior Center**

*This is to celebrate with members and friends your special day.* The celebration will be in conjunction with the dining site lunch. Reservations to Jill by noon Thurs April 16 for party Fri. April 17. **Cost:** Donation for lunch!

**Chiropractic Care for Spring  
Date: Tues. April 14 at 1:00**

Join us for this informative session to help you keep your body healthy and prepared for spring yardwork, gardening, and increased activity by a local Chiropractor, Dr. Erickson. No cost program. Sponsored by Columbia St. Mary's

**Office Volunteer Annual Training  
Date: Thur. April 16 at 8:00-10:30 AM**

Regular office assistants and members interested in helping in the office on an on-call basis should attend. Begin with breakfast and then review the office procedures, new building questions and how to use the copier will be discussed. **Please register by April 13.**

**“GET INTO THE MUSIC ACT”  
Older Americans Month Event and Open House for prospective members & Adults**

**Date:** Mon. May 11 4:00 – 5:00 PM  
Mark Mrozek, a member of Four Guyz in Dinner Jackets, Music Director for the union at Festa Italiana, and freelance musician will entertain with songs from the 40's, 50's, and 60's! The Center received a grant from the National Institute of Senior centers for this performance. Space is limited so members should RSVP reservations by May 4.  
**Cost: No Charge**

*New*

**Spring Fling  
All Member Party with  
Volunteer Recognition**

**Date: Thur. May 21 at 4:45**  
**Location: Saukville Legion on Hwy 33**  
**Registration opens April 1**

Join in the fun of this all member event with pot-luck, door prizes, entertainment, and recognition of Center volunteers from group leaders to office help! The entertainment will be The Nightengals. The menu includes: Broasted Chicken & dessert will be provided. **COST:** Bring either a dish to pass from veggies, relishes, fruit, salad, or hot dish, let office know what dish you will bring with registration, or pay \$9.00 per member. Register with payment or dish to pass called in by Thur. May 14.

**Lunch Bunch at Pizza Ranch  
Date: Wed. April 22 at 11:30**

Join members for lunch and conversation for this monthly dining out group. Meet at Pizza Ranch in Oostburg for conversation and new connections! Register by April 20.  
**Cost:** On your own.  
*Preview for May: Water Street Brewery*

**Aldermanic & City Council Tour Night  
Date: Tues. May 5 at 5:30 PM**

The Aldermen are invited to this walk through the facility space to see the needs of the Senior Center Programs. It is important for members to attend as we will hold our Wed programs during this visit. Zumba Gold, Chick with Sticks, Green Felt League, and the dining site!

*New*

**Tuesday Night Sheephead at 6:45 PM**

**OPEN to the PUBLIC –** Please encourage friends and family to check it out! The cost is \$1.50 with prize money paid out to the top scorers. Players assist Building Volunteer with scoring.

**Coffee Chat with Mayor Mlada**

**Date:** Wed. May 27 at 8:30 AM  
The guest will be announced.  
**Cost:** No fee for members or community  
**PLEASE RSVP by Mon. preceding.**

**SENIOR DINING AT THE CENTER**

The Center is a site for the Ozaukee County Senior Dining Program. This is available to Seniors 60 and older. The meal is served at

noon with a suggested donation of \$4.00 per meal. Reservations are required the day before by noon; call Jill, dining manager, at 262-483-9753 to reserve a spot!

### **Dining Transportation News**

Did you know you can get a ride for just \$1.00 each way when coming for lunch?

### **WHAT'S NEW IN DINING?**

Dine here 10 times starting Feb 1 – May 1 and earn a sweet surprise & free meal! No cost to enroll; get a card from Jill at the dining site!

### **Port Washington Senior Center & Port Washington Dining Site Events:**

*Join us for conversation, fun and learning!*

- 1 – Blood Pressure
- 1 – April Fools
- 6 – Celebrate Brewers Opener
- 7 – Easter Party with Prize Bingo
- 13 – Money Bingo
- 9 & 23 – Game Day at 11:00 AM
- 16 – Movie: The Imitation Game
- 17 – Birthday Party - Sponsored by Friends of the Senior Center
- 21 – Tasty Tuesday, sample surprise food

### **Brewer's Home Opener Party**

**Mon. April 6** at noon

Lunch donation; reservation due to Jill one day prior at 483-9753

### **Community Events & Information**

#### **Stars and Stripes Fundraiser**

Dates: Wed. April 8 & Thur April 9

Dine at New Port Shores for lunch and/or dinner on Wednesday, April 8 and Thursday, April 9. 20% of all proceeds will be donated to the Stars and Stripes Honor Flight program. (Reservations Appreciated call New Port Shores directly)

#### **Delta Kappa Gamma Book Discussion**

**Date: Tues. April 28 at 3:30 PM**

The group will discuss Friendship Bread by Darien Gee. Pick up a copy to borrow at the Center and return to Center. Open to interested

adults. Books available in paperback, hardcover, Large Print or on tape/CD.

**Cost:** NO FEE members and \$3.00 per guest monthly. *Preview May 26: Fried Green Tomatoes by Fannie Flagg*

### **Public 8-Ball & 9-Ball Play**

**Dates:** Tues to May 26 at **6:30 – 8:30 PM**

There is a designated coordinator to open/close the 2<sup>nd</sup> floor.

**Cost:** \$1.00 per member/\$2.00 per guest

Fee is paid weekly on Tuesday evening to the coordinator. This program will be re-evaluated to determine if it will occur in summer.

### **Toe Nail Trimmers Foot Clinic**

**Date: Thur. April 23** by appointment 9:00 – 12:00. This service the Center will host on the 2<sup>nd</sup> floor in the mezzanine room even months of the year. Appointments will be taken by the Nail Trimmers.

**Cost:** \$27 member/ \$32.00 guest.

**Reservations:** Call Nail Trimmers at 262-719-0336

### **AARP Tax Assistance until April 7**

**Dates: Tuesdays 9:30-1:30 by appointment**

This free service for tax filing is open for registration. The filing is electronic and for low to moderate simple income tax filers age 18 and older.

Donations accepted for the Center in the office.

### **Take the AARP Smart Driver Course**

Date: Thur. April 16 1:00-5:00

Learn research-based safety strategies to help keep you safe while on the road. After taking the course, you may be eligible for a multi-year discount on your car insurance! (Consult your auto insurance agent for details.) Space is limited, so register now!

Cost: AARP & Center member \$20.00

Non-member \$30.00 **pay by Mon. April 13.**

### **Red Cross Community Blood Drive**

**Date:** Tues. April 21 from 2:00 – 7:00 PM

In cooperation with St. Matthews the Center is hosting the drive and their volunteers will

*New*

*Filled*

*New*

assist. For an appointment call 1-800-733-2767 or visit [redcrossblood.org](http://redcrossblood.org) or walk in!

### Civilian Response to Active Shooter Training

**Date:** April 27 6:00PM – 7:30 PM

The Port Police Department will be offering this training to the public. See posting on bulletin board for more details or to register call Barb Roska 268-4262 or [broska@pwpd.org](mailto:broska@pwpd.org).

### Know the 10 Signs

*A Workshop to help learn the signs for early detection presented by the Alzheimer's Association*

**Date:** Tues. April 28 10 -11:30 AM

The warning signs of Alzheimer's disease are often dismissed as side effects of normal aging. *It's time to learn the facts. Early detection gives you a chance to begin drug therapy, enroll in clinical studies and plan for the future.* Attend to learn the 10 Warning signs and separate myth from reality! Seating is limited' registration required by Mon. April 27. Cost: No fee program

### Hearing Screening by Appointment

**Date:** Thur. April 30 from 9 AM-12 PM

Doctors recommend we get hearing tested annually. A representative from Avada Hearing Services will be conducting the free screenings at the Center. You may also sign up for a free amplified telephone.

Call 284-5821 to make a reservation

Please reserve a screen by Tues. April 28!

**Cost:** Free

### Ozaukee Senior Games Practice Dates

In May, practice dates will be held with regular groups for Mexican train, cribbage, sheepshead, and pickle ball.

### Ozaukee Senior Games

**Dates:** May 28– June 18, 2015

Start with the relay walk and end with the breakfast with golf, swimming, pickleball, cribbage, bocce, sheepshead, and 8-Ball and more in between the walk and breakfast.

Registration forms available by April 17.

### Ozaukee Senior Conference “Be Your Own MVP”

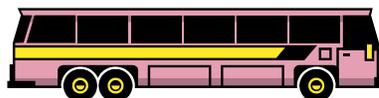
**Date:** Tuesday, June 16

This event offers attendees educational or informational sessions and exhibitors for senior services with a keynote by Wayne Laravee, the Voice of the Green Bay Packers! More details on registration in May issue!

Cost: \$15.00 with registration form

### Port Exploreum

The new museum in Port will open in April. If you are interested in volunteering call 268-9150.



### One Day Adventure Trip News

**Trip Payment & Refund Policy:** Prices are quoted for center members; guests add \$4.00 for day trips or as quoted for a specific trip as a non-member price. Sign up is on or after the call in day listed with each trip. You must register in advance and pay by the deadline or your name may be dropped from the list!

Cancellations are not guaranteed a refund. Cancellations within FOUR weeks will be refunded only if someone fills the opening! There are trips we reserve the right to advertise which are sponsored by travel agencies. It is for your convenience that we advertise them. All other information is handled by the agency. Contact the office regarding any special needs you have.

### PARKING FOR DAY TRIPS:

WHEN LEAVING ON A DAY TRIP  
**PLEASE PARK YOUR CAR ½ block and further from the Center or west of the alley on Foster St.**

### Billy Elliot the Musical

**Date:** Sunday, April 19 – Filled

**Venue:** Drury Lane at Oakbrook Terrace

**Menu:** 10-Station Gourmet Sunday Brunch.

*New*



*New*

**Cost:** \$119.00. Includes brunch, show, escort, and deluxe motor coach.

Departure time: 8:15 AM with return 7:30PM.



**Brewer's versus Cincinnati Reds**  
**Thur. April 23 - Waiting List only**  
**Payment is due with registration.**

We have great seats near first base on the shady side at the top of the stairs. The bus will drop us off at handicap drop-off near our seats so very little walking. Game time is 12:40 p.m.

**Cost: \$47.00 member/50 guest** Fee includes a ticket and deluxe motorcoach transportation. Depart Port at 10:15 a.m. Return after the game

**All Shook Up**  
**Thursday, May 7- only 3 seats left**  
**Payment due April 7**

Join us for the Fireside premiere of this rocking, rollicking musical comedy featuring the songs of the King of rock and roll - Elvis Presley. No tight pants, no kissing and no loud music. Those are the rules in one small Midwestern 1950's town. But then a stranger comes to town - a rebellious, guitar-playing, hip swiveling roustabout (who bears a striking resemblance to the King himself). All at once everything changes - young love blooms, and the once quiet little town is turned upside down in this hilarious, award-winning Broadway romp featuring laughs, romance, thrilling dances, and a host of your favorite Presley classics. Detail flyer at the Center.

Cost: \$89.00. Depart 8:15 a.m.

Includes: Deluxe motor coach, escort, admissions, lunch, and gratuities.

**Come Explore the North Shore: Chicago**  
**Date: Mon., May 18, 2015 – 6 seats left**  
**Payment due April 6**

Spend the day exploring the History of Evanston, Illinois, home of **Northwestern University**. See the campus with a step on guide narrating our tour. Enjoy the lake view after a tour of **the Charles Gates Dawes Home**, the Lakefront Mansion of the Vice President of the United States under Calvin Coolidge. Take a block walk to the lake and the shoreline to view Northwestern University. **Good Photo opportunity!**

Lunch follows at the Celtic Knot with a choice of:  
*1. Corned Beef & Cabbage Lunch with boiled potatoes and steamed carrots*

*2. Fish & Chips Fresh cod deep fried in a light beer batter*

*3. Shepherd's Pie ground beef, rosemary & thyme topped with mashed potatoes, side of vegetables*  
*Coffee, tea or soda with Apple Crumble for dessert!*

Following lunch we will journey to Skokie, IL for a self-guided tour of the **Holocaust Museum & Education Center**, "The Zev and Shifra Karkomi Permanent Exhibition is a place where those familiar with the Holocaust can experience pre-war European life, ghettos and concentration camps, liberation and resettlement around the world through more than 500 artifacts, documents, photographs, and a German rail car of the type used in Nazi deportations. It has a special focus on post-war life in Skokie, Illinois, which had the largest per capita population of Holocaust survivors outside of Israel, and sparked the Museum's eventual creation." The tour will be followed by the inspirational talk from a survivor!  
**Cost: \$79.00** Depart 7:30 AM



**Brewer's versus New York Mets**  
**Thursday, June 25 – Waiting List only**  
**Payment is due by May 11**

We have great seats near first base on the shady side at the top of the stairs. The bus will drop us off at handicap drop-off near our seats so very little walking. Game time is 1:10 p.m. Depart Port at 10:45 a.m. Return after the game  
**Cost: \$47.00 member/50 guest** Fee includes a ticket and deluxe motorcoach transportation.

**Step back in time with "Dressing Downton: Changing Fashion for Changing Times" at the Paine**

**Date: Tuesday, June 30, 2015 – 8 seats left**

The day begins with a tour of the **Sawyer House**, now the Oshkosh Public Museum with a guided tour of the permanent collections and the **Apostles Clock**. We then travel to the Roxy for lunch before heading to **the Paine Art Center and Gardens** for our main event!



*Dressing Downton* explores fashions in Britain from 1912, marked by the sinking of the Titanic, through World War I and into the early 1920s, the dawn of the Jazz Age. Placing the costumes within their broader

historical context, the exhibition focuses on this era of great change, showing the progression of fashions from the bustle to the flapper dress.

**Lunch is included at The Roxy Supper Club with a choice of:**

1. French Fried Haddock
2. Chopped Sirloin
3. Tortellini Alfredo
4. Broiled Shrimp

Includes Salad, coffee, tea or milk

The main event today is the Dressing Downton exhibit at the Paine Art Center in Oshkosh.

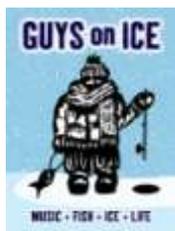
Following the docent led tour, there will be time to go revisit the exhibit, wander the gardens, and then meet in the carriage house for tea and dessert, savoring the afternoon as “the Crowley’s” might have done.

Cost: \$75.00

Payment due by May 26, 2015.

## GUYS on ICE

**Thursday, July 9, 2015 – 12 seats left**



You've seen them. Little wooden shanties sitting on lake ice. Puffs of smoke rising from chimney pipes. Don't miss this side-splitting musical comedy, guaranteed to thaw out your funny bone with songs like *The Wishing Hole*, *Ode to the Snowmobile Suit*, *Fish is a*

*Miracle Food*, and *The One That Got Away*.

Cost: \$89.00. Depart 8:15 a.m.

Includes: Deluxe motor coach, escort, admissions, lunch, and gratuities.

**Payment due June 9.**

## Brewer's versus Cleveland Indians

**Date: Wed. July 22**

We have great seats near first base on the shady side at the top of the stairs. The bus will drop us off at handicap drop-off near our seats so very little walking. Game time is 1:10 p.m.

Depart Port at 10:45 a.m. Return after the game

**Cost: \$47.00 member/50 guest** Fee includes a ticket and deluxe motorcoach transportation.

Payment is due by June 8.

## The Green Bay Packer's – A Tour of Titledown and Lambeau Field

**Date: Tuesday, July 28**

The ultimate tour! You will enjoy hearing the history and tradition of the franchise on a guided tour of the Packers Heritage Trail to over 20 spots significant in Packers History also includes the Champions tour of Lambeau Field, walk through the famous Tunnel and the new Hall of Fame! Includes lunch.

Cost: \$98.00

Payment due June 15

## Pump Boys and Dinettes

**Date: August 6**

Travel down highway 57 to the land of roadside diners and homemade pie to the Double Cupp Diner for a double helping of fastpace, good-natured, foot-stompin hand clapping fun. Broadway hit featuring country, rock, western-swing, and folk music. Steve Watts is in the role that fist brought him to the Fireside.

Cost: \$89.00. Depart 8:15 a.m.

Includes: Deluxe motor coach, escort, admissions, lunch, and gratuities. Payment due July 6

**Trips you can register for** and pick up a flyer for the details:

August 27	Arlington Horse Races
September 10	West Side Story – Fireside
October 6	<i>Three Bridges</i> Christian Concert
October 15	Mystery Trip
November 16	Shopping at Fox River Mall
Nov & Dec	A Wonderful Life, the Musical
December	Grand Geneva

### 2015 Extended trips:

These tours are offered with Grafton and Cedarburg to provide more travel options to you our valued travel partners! *Did you know we have more opportunities if our selected adventures do not meet your needs? Stop in for a travel book.*

***Thank you for choosing travel with the Senior Center through these providers as the Center does receive Marketing credit!***

### Flavors of the South

Dates: April 18 –April 25, 2015

Have a fun trip Port Travelers!

### Canadian Capitols of the East

**Date: Depart July 17 (9 days), 2015**

Join others from Ozaukee County and the Midwest on this trip to Canada! Enjoy 12 meals (4 dinners -

1 from the CNN Tower, 1- in a Sugar Shack with entertainment); Montreal, Quebec, St. Anne de Beaupre Shrine, Ottawa with Parliament Hill, the House of Commons, the War Memorial, 2 nights in Toronto, so much more includes \$45 in Mayflower Money.

### **Discover Switzerland, Austria, & Bavaria**

Date: September 24 –Oct 3, 2015

Travel with Collette to the heart of Europe for 10 days with highlights of Bern Chateau de Chillon, Montreux, Golden Pass Panoramic Train, Gstaad, Lucerne, Innsbruck, Austrian Alps, Salzburg, Mirabell Gardens, St. Peter's Restaurant, Bavaria, Oberammergau, Tyrolean Folklore Show. Pick up brochure at center for more details!

### **Welcome New Members**

We look forward to seeing you at the Center! Stop in and reintroduce yourself or use your free coupon for lunch!

*Dennis & Mary Krier,  
Loretta Spantikow, Goerge Baldas*

### **Monthly Birthday Party –Celebrate You!**

**Sponsor: Friends of the Port Senior Center**

Friday, April 17<sup>th</sup>, all April birthdays will be celebrated! Reservations are due in to Jill by noon Thursday, April 16!

Cost: Lunch Donation!

**Please join us to Celebrate**

### **Happy Birthday April!**

- 1 Geri Johnson, Lois Mc Quaid
- 2 Lynn Cosentine, Pat Voeller,  
Helen Zywoloski
- 3 Mary Downing, Susan Koellner  
Edie Webb, Karen Nemitz
- 5 Lori Schmidt
- 6 Karen Stockero
- 7 Arline Thill
- 8 Diane Schneider
- 9 Pearl Lauters
- 10 Robert Lallensack, Sue Walker,  
Sally Ziegler
- 11 Peter Vanderhoof
- 12 Mary Buser Dick Neerhof,

*Lynn Lodl*

13 *Geno Stockero*

14 *Arla DeBroux,*

*Eugene Erlauer, Joe Ulrich,  
Dennis Kranz*

15 *Joel Christy*

17 *Bernice Miser*

18 *Peter Asmussen, Ron Helberg,  
Cathleen Ferguson*

19 *Nancy Kramer,  
Karen Kultgen*

20 *Jim Tamblingson*

21 *Margaret Jaeger,  
Jean Schanen*

23 *Paul Jushka,  
Loretta Federspiel*

25 *Peggy Maynard*

26 *Marge Bichler, Sue Gorman*

29 *Marlys Herbert*

30 *Nancy Senn, Lu Steinert*



### **In Memorium**

**We offer our sympathy to the family & friends of:** Douglas Ahsmann

### **Find Us on Facebook**

For those who liked our page, please check back and like various posts to help the center stay connected to you on Facebook.



For the rest of the members on Facebook, we only have **62 likes** help us reach 100 by May! The Senior Center has a Facebook page under "Port Washington Adult Community Senior Center". Please be sure to "like" the Center page when you are on Facebook.

### **Smile of the Month – This Rabbit**



**Secret to Happiness:** Getting it. Just getting it.  
**Favorite Thing:** Seeing the bigger picture.

