

# Let the Adventure Begin at . . . Port Washington Adult Community Senior Center The Leisure Times September 2014



Port Washington Senior Center  
403 W. Foster Street  
(262) 284-5821

E-mail: [ckiener@ci.port-washington.wi.us](mailto:ckiener@ci.port-washington.wi.us)

Catherine Kiener, Director  
Rose Gleue-Rogers, Assistant  
Steve Orvis, Environment

Center Office Hours: Monday – Thursday 8:30AM – 4:00PM  
Friday 8:30AM- 2:00PM

40 + Years as the Gem of Strength for Active Aging

Mission: To promote healthy aging by providing cost effective programs, classes, activities, and services to citizens 55 years and better. Adopted April 10, 2002

## Director's Report

September is National Senior Center Month! Thank you for supporting the Port Center with your membership, time, talents, and attendance! Remember to sign in for each activity you are attending in a day.

Special events for the month include Culver's Day "Fun"raiser on Wed. Sept. 24, Lottery Lunches and a very special lunch and music show by Jerry Zelm on Mon. Sept 29. Please plan to attend as space is limited on 1<sup>st</sup> for the show. Also, guess the taffy in the jar, closest guess will receive a prize either a discount to a Senior Center class or a community gift certificate valued at \$10.00!

Please join in the fun with our special "Breakfast for Lunch menu on Mon. Sept 29 followed by the musical styling of Jerry Zelm. See Special events for the details as space is limited on the first floor, so register early.

Driving is an important skill to maintain as we age. Many older drivers are safe but there are normal changes that can affect driving skills. Do you know warning signs of unsafe driving? This class will help update you on rule changes, strategies to assist with normal aging, and other safety tips. Consider registering for the AARP Safe Driving Class, only 4 hours, Mon. Oct. 6.

## UPCOMING EVENTS:

- Active Aging Week Sept 21-27
- Culver's Day Wed. Sept. 24
- Birthday Party Fri. Sept. 26

- One Day Adventures & Extended Trips: pgs. 9-11
- SAVE THE DATE: Casino Night Mon. Oct. 27

## Holiday Closing

Senior Center and Dining Site will be closed Mon. Sept. 1. No OTHER regular activities will occur on City holiday closed dates!

## Thank You, Thank You

### August Newsletter Crew:

Joan Murphy, Irene Taylor, Aileen Wiltgen, Sandi Priesler, Sharon Swatek, Marge Erlauer, Donna Stepaniak, Loretta Federspiel and Rosemary Weiland.

Summer Youth Volunteer: Thank you Erin for your help with our various projects!

## Volunteer Opportunities

*"You make a living by what you get, but you make a life by what you give."* – Winston Churchill

Tuesday Sheepshead Volunteers- Would like a third person to rotate weeks and help open the building and set up for the game. Call office 284-5821

On – Call Office Volunteers – contact Rose or Catherine if interested!

Book Back Up Volunteer – Do you enjoy organizing books? You would be a backup volunteer as needed.

## **Donations, Gifts or Memorials**

**Thank you** Ruth Lorge for the Screen donation!

Donations and gifts for the benefit of the Senior Center should be made out to the Senior Center with the designation in the memo section of the check. Process for memorials: The memorial is to be made to the Port Senior Center or Friends with or without a specified purpose. When specified, the Director and group review the purpose to improve or enhance the group. *You can make the Port Senior Center a recipient of a gift, any time of the year.*

**The Friends of the Port Washington Senior Center** is a 501-C organization which can accept your charitable gifts now or designated for the future. You may also choose to join as a member. Pick up an application at the Senior Center. This is a non-profit group to assist in financially supporting the senior now and into the future, please consider joining.

## **Center Operations & Procedures**

We encourage our members who **may need** special assistance living on their own to register for events, programs, and trips **with a friend, family member or caregiver to provide the assistance** they may need. Due to the limit of staff, the Center cannot provide one-on-one assistance during the event, class, or trip. Please register with staff so we can be aware of individual needs. **Members who reside in care settings, such as group homes, must attend Senior Center programs with a caregiver.**

**Sign in:** Members and guests must sign in each visit whether once a day, week, month or 2 or 3 different times a day. This is important for the City annual report statistics.

**Regular Center Activities & Special Events:** There are times when a special event or new program is offered that may impact the location of a regular program or its start time. All members' cooperation is appreciated when offering events.

**Membership-** Annual membership is from January to December. **Individual fee is**

**\$17.00 and Couple \$22.00** for City and Town of Port Residents & since 2012 membership the Village of Fredonia!

**Out of town individuals to receive membership the fee is \$37.00 per person or \$64.00 per couple per year, it includes the newsletter and may be paid quarterly; or may subscribe to the newsletter for \$12.00 per year. Non-member weekly fee for guests in town is \$2.00 and out of town \$4.00. All members must assist with the enforcement of the fee paid in the office prior to participation.**

**Value of membership in the Center** offers you a place to read the Journal Sentinel, Ozaukee Press, News Graphic, & a variety of magazines saving you money on subscriptions; discounts on classes; and use of laptops and WiFi.

**Recyclables** – There is a container on both levels for aluminum cans. The can should be rinsed then deposited in the container. Clean cans are preferred for recycling. Thanks to all who help.

## **Programs & Classes for Healthy Living**

### **WELLNESS**

#### **Aqua Exercise Class**

Dates: Tues., Thur, and Fri at 6:40 AM

You do not need to get your hair wet, bring a towel & suit, and increase your flexibility.

Class is held at the District Aquatic Center TJ School on Holden St.

**Cost:** \$6.00 for member and \$10.00 for non-member per month. Register monthly at the Center or call 284-5821.

#### **Strength with Bands VI**

**Dates: Wed & Fri to Sept 26 at 11:00**

**Cost:** \$50.00 per member/ \$60.00 Guest  
**Minimum 6 students** Maximum 15

#### **Strength with Bands**

**Dates: Wed & Fri Oct. 1- Nov. 7 at 11:00**

Instructor, Holli Parker will use primarily exercise bands & balls in this class for novice, intermediate, or experienced participants.

**Cost:** \$50.00 per member/ \$60.00 Guest  
**Minimum 6 students** Maximum 15

**New**

**Beginners Tai Chi with emphasis on Arthritis – Session III**

Class Dates: to Sept 29 at 9:00 AM

**Beginners Tai Chi with emphasis on Arthritis – Session IV**

**Class Dates: Oct. 6 to Dec 22 at 9:00 AM**

Tai Chi is an ancient practice proven to reduce pain and improve your mental and physical well-being. The Arthritis Foundation Tai Chi Program developed by Dr. Paul Lam, uses gentle Sun-style Tai Chi routines that are safe, easy to learn and suitable for every fitness level. Open to adults 55 and better with or without arthritis! Participants must be independent and able to follow directions.

Instructor: KT Rusch is a certified teacher from the Tai Chi Center of Milwaukee, where she has studied and practiced for over 18 years. Her classes are known for a personal touch and a sense of humor

**Cost:** \$95.00 per member & \$105.00 for Non-members. Register with fee by July 2 or add \$10.00 late fee.

**Circuit Training III -Women 40 & Older**

**Dates: to Sept 4**

Tues @ 9:00AM & Thur. @ 8:30

**Circuit Training IV -Women 40 & Older**

**Dates: Sept 9 to Oct. 16**

**Tues @ 9:00AM & Thur. @ 8:30**

A release form must be completed for all new participants or present members with physical or health changes.

Instructor: Tina Mach

Cost: \$30.00 member/\$40 guest.

Class size: max. 15

**Tai Chi Continuing Course Session III**

Dates: Mondays to Sept 29 at 10:00

**Tai Chi Continuing Course Session IV**

**Dates: Mondays Oct. 6 – Dec. 22 at 10:00**

Tai Chi promotes balance, flexibility, & good overall health. Meets 1<sup>st</sup> floor level of Senior Center at 11:30 AM.

Cost: \$95.00 per member and \$105.00 guest.

**Zumba Gold Classes (Session VI)**

**Dates: Tues, Wed, Fri, & Sat Aug. 26 to Oct 11 or Weekly registration available**

Meet 1<sup>st</sup> floor south end at 8:15 AM

The low impact, easy to follow, Latin-dance inspired fitness party... Keeps you in the groove of life! This is the newest aerobic routine designed for adult beginners and participants with physical limitations. The 30-45 minute workout class is led by a Certified Instructor, Tina with DVD instructor on Wednesday's.

**Cost:** \$15.00 for Senior Center members or Friends of the Senior Center for Course or \$3.00 per class. **Non-members cost:** \$25.00 course or \$5.00 per class!



**Zumba Sentao III**

**Class Dates: Wed. to Sept 10 at 6:30PM**

By transforming your chair into a sizzling dance partner, the explosive Zumba Sentao™ program strengthens your core, torches calories and sculpts muscle. Revolutionize your cardio workout with targeted resistance training and exotic world rhythms in red-hot, never-before-seen ways.

Cost: \$30.00/member \$40.00 guest

**Adult Fitness with Betty**

**Dates: Mondays Sept 8- Oct 13 at 1:30**

Register by Thursday, Sept. 7

This 8 week class will take you beyond “silver sneakers” exercises and provide you with age appropriate stretches and movements to facilitate you keeping up with fall gardening, outdoor activities and more.

Cost: \$15.00 member & \$25.00 guest

Maximum is 12 students

No fee for demonstration members/\$2.00 guests

**Hatha Yoga**

**Dates: Wed., Sept 17- Oct 29, 2014**

**Time: 5:15 PM or 6:45 PM**

**Registration open to 12 and older**

**The benefits of yoga include tension relief, deep breathing, and stress management.**

This popular 7-week class will be held at the Port Adult Community Senior Center. Bruce Van Dyke

**New**

returns to teach this level one Yoga course. Bring a beach towel or your own mat, water bottle, and wear loose fitting clothes. He is certified. He has been on PBS and students look forward to his classes.

**Cost:** \$50.00 for Senior Center Members and \$60.00 for the general public. Fee increases after Sept. 12 to \$65.00 and \$75.00.

**Register** by calling the center or e-mail [ckiener@ci.port-washington.wi.us](mailto:ckiener@ci.port-washington.wi.us) and specify class time. Student maximum 25.

### **ENRICHMENT**

#### **Computer Lab on the 2<sup>nd</sup> floor Mezzanine**

Tues, Wed, and Thurs 9-3 must demonstrate ability to use independently (turn on & off properly, etc).

Sign in and out in the office!

No fee members/guests \$5.00



#### **Friday Book Talk**

**Date:** Friday, Aug. 8th at 9:30 at the library

Sweet and Sour Pie by Dave Crehore

The reviewer is Rosemary Farrell with treats by Donna Stepaniak. *Preview Friday, Oct 10: Discussing The Last Suppers by Vanessa Diffenbaugh*

#### **Ceramics & Clay- ALL Skill Levels**

**Dates:** Thursdays from 9:15 – 11:00 AM for new students; please register by April 10.

Paint a pre-formed piece or hand build your own to learn the properties of clay. The fee is \$2.00 per week for members plus glaze, firing, and green ware piece! Non-member fee is \$4.00 per week plus supplies. Discount for items made for the Center showcase sales.

#### **Chicks with Sticks (Handiwork group)**

**Meets:** Wednesday at 1:00

Do you embroider? Sew? Knit? Crochet?

You are encouraged to join this group. Come share your patterns and ideas. Non-member fee is \$2.00 per week.



#### **Painting Class – All Media**

**Dates:** Wed. Sept. 17- Oct. 22 3:15 – 5:15

**New**

This diverse class offers beginners and intermediate students a chance to work in their preferred media with individual instruction on painting of choice. 6 classes for cost of 5!

Instructor: Laurie Sucharda

**Cost: \$50.00/member and \$60 guest**

#### **Handcrafted Greeting Cards Make-N-Take**

Date: Wed. Oct. 1 at 1:30-3:00PM

Instructor Jennifer will have everything you need to make fall themed cards. Samples on display at the Center. Register with fee by Wed. Sept. 24.

Cost: \$10.00 per member and \$15.00 for guest. Maximum is 12! *Preview: Christmas Holiday cards Wed. Nov. 5*

#### **Watercolors with Erin Callahan Blum**

**Dates:** Tuesdays Sept. 2-23 at 3:00-5:00

Watercolors with Erin Callahan Blum

**Topic:** How to identify and use transparent and opaque colors. Beginner, intermediate and any residency welcomed.

All levels welcome. To get an idea of Erin's work, visit [www.ErinCallahanBlum.com](http://www.ErinCallahanBlum.com).

Cost: \$55.00/member or \$65.00 guest



#### **Senior Singers –A Community Service**

**Dates: Mondays at 9:00 Resumes Sept. 15**  
*Meets on the mezzanine (2<sup>nd</sup> floor).*

This is the Center community service group with performances to be scheduled in the community. Join for fun, improved breathing, or joy of music. New and returning singers register for fall session, Sept 15 – Dec 8 by September 11.

Cost: No charge members/\$15.00 guest

#### **“Hand and Foot” or Canasta**

Players meet at 7:00 PM on the 1<sup>st</sup> & 3<sup>rd</sup> & 5<sup>th</sup>  
Mondays: Sept 15 & 29

Everyone is welcome!

**Non-member fee applies per week.**

#### **Cribbage –Tuesdays at 1:00**

Hands on cribbage learning sessions the 2<sup>nd</sup> Tuesday of the month during regular cribbage at 1:00. Introduce yourself to the group!

No fee for members, guests \$2.00 per week.

### **Pinochle**

This card game is played Wednesday at 10:00 AM. If interested, come to the center on Wed. There is no fee for members and non-members pay \$2.00 per week.

### **Dominoes & Mexican Train Game Day**

Meets 2<sup>nd</sup> & 4<sup>th</sup> Thursdays at 11:00

Dates: Sept 11 & 25

Volunteer facilitated: Domino games.

**Monthly Prize drawing for gift certificate to a local store compliments of Comfort Keepers.**

Cost: No fee for members; guests pay \$4.00 per month unless registered for lunch.



### **Monday at the Movies**

**Feature Film: Draft Day**

**Date: Monday, Sept. 15th at 12:40**

**Rated R, 110 minutes, Drama**

**Synopsis:** At the NFL Draft, general manager Sonny Weaver has the opportunity to rebuild his team when he trades for the number one pick. He must decide what he's willing to sacrifice on a life-changing day for a few hundred young men with NFL dreams. Starring Kevin Costner and Jennifer Garner

**Cost:** No fee members/dining participant  
Guests building use fee of \$3.00



### **Friday Bridge Group**

The afternoon bridge group, year round at 1:00 PM, is looking for players and substitute players. Haven't played in a while? No problem, they will pair you up for refresher play. Cost: none for members/\$2.00 per week guest. Register at the office.

### **Library Project at Center**

**Missing Books since July & Aug 2013:**

Minding Frankie & The Cat who Dropped A Bombshell **Feb 14 & May 14 DVDS:**

Dispatches from the Edge: A Memoir of War, Disasters, & Survival & The Proposal-  
**PLEASE RETURN to the office!**

The Library arranges for books and videos to be checked out on an honor system for senior's convenience. Please keep videos 1

week or less! Thank you. *There is a sign posted for the date the Center returns the books and videos to the Library. Please return by the date listed.*

### **LEAGUES**

**Green Felt 8-Ball Summer League 2014**

**Dates: Wed. to Sep 3**

**Green Felt 8-Ball Fall Season Meeting**

**Date: Wed. Sept 3**

Lunch will be at the Center in the dining room at noon followed by the general meeting. Concluding the day is the annual KEN WUNSCH Shot Out!

Please register by Tues. Sept. 2 for the fall league and meeting upstairs or call Paul Michel at 284-3915.

**Fall Session dates:** Sept 10 – Dec 17; no league Dec 24 & 31; 2<sup>nd</sup> Session Jan 7-May 27 (weeks) Cost: Member of PWACSC in good standing plus league fee of \$15.00.

### **Adult Horseshoe League**

**Date:** Tuesdays to Sept 9 at 9:00 AM

Weekly games

### **Bocce Ball – Mixed Team Fun**

Weekly games begin Tuesdays to Sept 9 at Moore Road Courts at 9:30.

**Cost:** No fee members and \$15.00 for guests for the summer season.

### **Silver Strikers – Wii Bowling Session III**

**Dates: Tuesdays September 23 to Dec 9**

Tuesday is for current continuing players.

Cost: \$5.00 per couple member or \$12.00 per non-member couple.

\*New players contact office for available days to start another league.

### **Weekly Ongoing Activities**

**Aqua Exercise** –Tues., Thurs., Fri., at 6:40AM

**Senior Singers (Chorus)** –Mondays 9:00

Resumes Sept. 8

**Piano Lessons-** Tuesdays by Appointment –

**resumes September 9**

**Green Felt Club** – Senior 8 Ball League Wed.,  
**open play** Mon & Fri. after 2:00, and  
Sat. at 9:00am

**Chicks with Sticks-** Wed. at 1:00PM

**Ceramics** – Thurs. at 9:15AM

**Wellness Classes**–Aqua Ex, Tai Chi, Hatha  
Yoga, Exercise with Bands, Circuit Training,  
Zumba Gold and more various days check  
details above in wellness section. For  
information on class cost please call the center  
at 284-5821!

**Monthly Blood Pressure Checks** – See  
Calendar Page

**Leagues (Seasonal)**–Green Felt; Wii Bowl;  
Horseshoes; & Bocce Ball

### Card & Game Clubs

There is **no charge for members** as your  
membership assists with center operations.

**Non-members** & out of town participants  
contribute \$2.00 per week in the office!

Bridge – Tues. Ladies & Fri. at 1:00PM

Cribbage – Tues. at 1:00PM

Sheepshead – Mon & Thurs. at 1:00PM

Dominoes Day – 2<sup>nd</sup> & 4<sup>th</sup> Thurs. at 11:00

Try joining Canasta, Tues. Public  
Sheepshead, or refresh at Thurs. sheepshead,  
cribbage, pinochle, and Fri. Bridge. Looking  
for other games, check out dominos on game  
day!

### **Public Card Parties:**

Canasta 1<sup>st</sup> & 3<sup>rd</sup> & 5<sup>th</sup> Mon. 7:00PM

Sheepshead – Tues. 7:00 PM

Pinochle- Wed. 10:00 AM

### **Clubs and Organizations Meeting**

#### **At the Center**

Open 8-Ball/Green Felt Club –Mon.-Fri. at  
2:00PM (except when needed for special  
program space) And Sat. at 9:00AM.

City Commission on Aging – 2<sup>nd</sup> Mon. at  
7:00PM in the lower level

VFW – Last Wed. at 7:00PM



## Special Events

### LAKESIDE TEA SOCIETY

#### Poles in Wisconsin Tea

**Date: Wed. Sept. 17 at 1:30**

Come learn where our Polish ethnic settlements  
are in Wisconsin. Did you know the Poles are  
the 2<sup>nd</sup> largest European ethnic group in  
Wisconsin? The guest speaker is Susan Mikos  
from the Polish Community Center. A Polish  
black tea and treat will be served. Registration  
includes the program and tea; participants **must**  
pre-register by Mon. Sept. 15.

**Cost:** \$3.00 members, and \$5.00 for guests.

*Preview for Oct. 15 at 1:30: Time For Tea! A  
Tasting with Mequon Spice & Tea Exchange*



“Let the Adventure begin at . . .”

“Songspirations” by Jerry Zelm after  
**Breakfast for Lunch**

**Date: Mon. Sept 29 Lunch at Noon show at  
12:30 on 1<sup>st</sup> Floor**

A unique, one-man show in which Jerry adds  
his rich tenor voice and vocal artistry to some  
of the greatest musical backgrounds from  
classic American love songs. Hits of Johnny  
Mathis, Tony Bennett, Perry Como, Andy  
Williams, Frank Sinatra, many others from the  
40’s, 50’s and 60’s... Golden Era of music.

**Jerry has given performances at the famous  
Island House on Mackinac Island**, the  
Cousins Center in Milwaukee, and for many  
banquets and dinner meetings through the  
Midwest. Reservations must be received by  
noon on Friday, Sept 26.

**Cost:** Donation for lunch includes show  
Show only \$5.00 members/\$8.00 guests

### **Monthly Birthday Party Sponsored by Friends of the Port Senior Center**

*This is to celebrate with members and  
friends your special day.* The  
celebration will be in conjunction with the  
dining site lunch. Reservations to Jill by noon  
Thurs Sept 25 for party Fri. Sept. 26!

**Cost:** Donation for lunch!



**New**

### Senior Dining at the Center

The Center is a site for the Ozaukee County Senior Dining Program. This is available to Seniors 60 and older. The meal is served at noon with a suggested donation of \$4.00 per meal. Reservations are required the day before by noon; call Jill, dining manager, at 262-483-9753 to reserve a spot!

### Port Washington Senior Center & Port Washington Dining Site Events:

*Join us for lunch, fun and learning!*

3 – Blood Pressure

5, 11, 17, 23, & 29 – Lottery Lunches

8 – Money Bingo

11 & 25 – Game Day at 11:00

15 – Movie: Draft Day

19 – Prize Bingo

26 – Birthday Party – sponsored by Friends of the Senior Center

### Tuesday Night Sheepshead at 7:00 PM

OPEN to the PUBLIC – Please encourage friends and family to check it out!

The cost is \$1.50 with prize money paid out to the top scorers. Players assist Building Volunteer with scoring.

### Lunch Bunch at Culver's in Port

**Date: Wed. Sept. 24 at 11:30**

Join members for lunch and conversation for this monthly dining out group. Meet at Culver's in Port for conversation and new connections! Register by Mon. Sept. 22. Cost: On your own, please remember the fundraising coupon!

### Coffee Chat with Mayor Mlada

**Date: Tuesday, Sept 23 at 8:30 AM**

The guest will be announced.

Cost: No fee for members or community

**PLEASE RSVP by Thur. preceding.**

### Casino Night

**Date: Mon. Oct. 27 at 4:45 PM**

Join in the fun of black jack and roulette as volunteers from Heritage and Comfort Keepers serve as the dealers. Earn "money" to use for bidding on the evenings prizes. Menu and cost

to be announced. Reservations with payment will be due Oct. 20.

### Halloween Party

**Date: Friday, Oct. 31 at 11:30-1:30**

Costumes are optional, but prizes will be awarded! Please make a reservation by Thur. Oct. 30.

Cost: Donation for lunch

### **Community Events & Information**

#### Active Aging Week Sept. 22-27

Try one of these classes free with pre-registration by Sept. 19

#### Strength with Bands

Dates: Wed & Fri at 11:00

#### Beginners Tai Chi with emphasis on Arthritis

Class Dates: Monday at 9:00 AM

#### Circuit Training -Women 40 & Older

Dates: Tues @ 9:00AM & Thur. @ 8:30

#### Zumba Gold Classes

Dates: Wed, Fri, & Sat

#### Adult Fitness with Betty

Dates: Mondays at 1:30

#### Delta Kappa Gamma Book Discussion

**Date: Tues. Sept 23 at 3:30 PM**

The group will discuss Major Pettigrew's Last Stand. Pick up a copy to borrow at the Center and return to Center. Open to interested adults. The coordinator is a member of Delta Kappa Gamma. The group reading list books available in paperback, hardcover, Large Print or on tape/CD. *Preview Oct. 28: Hotel on the Corner of Bitter and Sweet*

**Cost:** NO FEE members and \$3.00 per guest monthly.

#### Toe Nail Trimmers Foot Clinic

**Date:** Thur. Oct. 23 by appointment 9:00 – 12:00. This service the Center will host on the 2<sup>nd</sup> floor in the mezzanine room even months of the year. Appointments will be taken by the Nail Trimmers. **Cost:** \$25 member/ \$30.00 guest. **Reservations:** Call Nail Trimmers at 262-719-0336

*New Time*

## ADRC – Ozaukee County Aging and Disability Resource Center Information

Dates: Monday Sept 15 at 11:30

A staff member specializing in information and assistance will meet with interested seniors at the Center before lunch. Do you have questions about senior benefits? This is a good opportunity to come and ask and get the answers. If attending lunch, please make reservations one day prior by noon.

## Culver's Fundraising Night

**Date: Wed. Sept. 24 10:00 AM-10:00PM**

This issue has the form you need to take with you to have Culver's credit the sale.

Join the Center Board of Directors in this day at Culver's in Port Washington. The Center will receive 10% of the proceeds for special events, office supplies and office copy contract, etc.

## AARP Smart Driver Course

Date: Oct 6 1:30-5:30

A lot has changed since AARP Driver Safety first began as "55 Alive." The roads have changed. Cars and the technology inside them have changed. Even the people behind the wheel have changed. As drivers, if we don't keep up with those changes we put others and ourselves at risk. You may receive a discount on your auto insurance after taking the course. Cost: \$15 member/AARP \$18 guest.

## Free Power of Attorney Advice

Date: Tuesday, Oct 28 1:00 – 4:00 PM

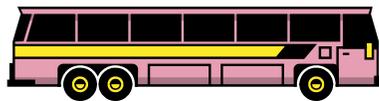
Power of Attorney (POA) documents allow YOU to choose the individual you would want to make decisions for you in the event that you are unable to make them for yourself.

Appointments are recommended by contacting Dawn at 262-284-8200. Open to anyone 55 and older and those with a disability determination.

Cost: This is a free event jointly hosted by the Ozaukee County Bar Association and the Oz County Elder/Adults at Risk Interdisciplinary Team.

## Oz. Public Health Flu Clinic News

The Health Departments will not provide flu clinics this year. After an evaluation of the program; they are encouraging residents to seek flu vaccine a location of your choice. The Ozaukee County Public Health Department welcomes visits after Oct. 1 8:30-4:00 Mon to Friday.



## One Day Adventure Trip News

**Trip Payment & Refund Policy: Prices are quoted for center members: guests add \$4.00 for day trips or as quoted for a specific trip as a non-member price. Sign up is on or after the call in day listed with each trip. You must register in advance and pay by the deadline or your name may be dropped from the list!**

***Cancellations are not guaranteed a refund. Cancellations within FOUR weeks will be refunded only if someone fills the opening! There are trips we reserve the right to advertise which are sponsored by travel agencies. It is for your convenience that we advertise them. All other information is handled by the agency. Contact the office regarding any special needs you have.***

## PARKING FOR DAY TRIPS:

WHEN LEAVING ON A DAY TRIP

**PLEASE PARK YOUR CAR** ½ block or further from the Center or west of the alley on Foster St.

## Les Misérables

**Date: Thur. Sept. 11 – Filled; wait list only**

Cost: \$89.00 member/\$93 guest

Includes: Deluxe motor coach, escort, admissions, lunch, and gratuities.

Depart Port: 8:00 AM Return approximately 6:30PM.

**Frankie Valli Tribute Show  
at the SCHAUER ART CENTER**

New

New

**Date: Friday, Sept. 26 – Filled**

Pick up flyer for details.

Cost: \$78.00 per person



**The Pfiefers – Christian Concert**

**Date: Tues., Oct. 7 – 10 seats**

**Payment due with registration.**

Musical variety is a trademark the group is known for. They have top 40 hit songs.

Features the Fireside fish and chicken buffet.

Cost: \$65.00 member or guest

**Mystery Trip**

**Date: Wed. Oct. 15 -6 seats only**

Make a date to come with us

You'll journey east, west, north or maybe south

Sit back and see the haunted sights

This trip may frighten you

Explore new spooky places

Relax and enjoy with no time to snooze

You don't have to go far to be surprised

Cost: \$98 per person Depart at 7:30 AM

**Ho Chunk Casino**

**Date: Friday, Nov. 7 – 15 seats**

Ho Chunk Casino is located in Baraboo, WI approximately two hours from Milwaukee. Ho Chunk has added a Poker room and a bar/lounge area plus over 1,000 new machines – even penny slots! Ho Chunk offers a non-smoking area in the casino, a large array of nickel machines, an Off-Track betting parlor and all Las Vegas-style gaming. The Standing Rock buffet is excellent and they also offer a cafeteria-style restaurant with burgers, tacos, breakfast, etc.

Depart 8:00 AM return approx. 7:30 PM

Includes: Deluxe motor coach transportation \$25 in credits on your player's club card at the machines 10% off meal when using your player's club card.

Cost:\$33.00 members/\$35.00 guests

Payment due October 1.

**Fox River Mall Shopping Appleton**

**Date: Mon. November 17 -10 seats**

We will again be shopping until you drop at the Mall in Appleton. The **Cost:** To be announced - for a deluxe motor



coach bus, snacks, and beverage. Door prizes will be drawn on the bus. Depart Port at 8:30 AM. Return approx. 6:00 PM.

Cost: \$25.00 member \$28.00 guest.

Payment due by Nov. 1.

**Fireside Christmas**

**Date: Thur. Nov. 20 -7 seats open**

**Payment due Oct. 1**

Named one of the country's finest attractions by the American Bus Association, The Fireside's Christmas show has become a must see tradition for tens of thousands of people throughout the nation. It's our mission each holiday season to bring you a show that will rekindle the true Christmas spirit in all of us. Through songs, stories, and dances – both traditional and original – we commit ourselves to capturing the very heart and essence of the holiday season. Each show is new and exciting, with beautiful new costumes and settings, glorious singing and breath-taking dancing, and new ways to tell the familiar stories of the season. What never changes is our faithfulness to the traditions and memories of this most joyous of seasons.

Cost: \$89.00 member/\$93 guest

Includes: Deluxe motor coach, escort, admissions, lunch, and gratuities.

Depart Port: 8:00 AM Return approximately 6:30PM.

**Fireside Christmas**

**Date: Wed. Dec. 10 -14 seats only**

See description under Nov. 20

Cost: \$89.00 member/\$93 guest

Includes: Deluxe motor coach, escort, admissions, lunch, and gratuities.

Depart Port: 8:00 AM Return approximately 6:30PM.

**Payment due Oct. 29**

**2014 Extended**

**Galena Getaway**

**Date: Oct. 1- 3, 2014 – Filled**

This mini-getaway features the charm of Galena with a trolley tour, Irish Bed & Breakfast stay with entertainment one evening,

*New*

a Dubuque, IA river cruise, Progressive Dinner Tour in 3 Mansions and fun shopping.

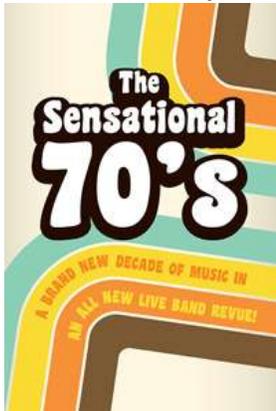
Cost: \$450 double or \$545 single

**Deposit: \$100 due with reservation and final payment due August 25.** Limited to 28 travelers.

## 2015 Fireside Shows:

**Sensational Seventies**

**Date: January 22, 2015**



The surest way to lose the cold winter doldrums is to enjoy the hottest music from one of the most exciting decades of the 20th century. You've loved THOSE FABULOUS 50'S and SOLID GOLD 60'S and now The Fireside brings you a super-charged show like no other. Neil

Diamond; Bruce Springsteen; Stevie Wonder; Queen; Fleetwood Mac; the Bee Gees; Elton John; Aerosmith; Chicago; Donna Summer; Led Zeppelin; Earth, Wind, and Fire; James Taylor; Jackson Five; and ABBA are only some of the great artists who will be represented in this explosive musical celebration featuring the Fireside Band led by the ever popular Steve Watts.

Payment due December 22, 2014

Cost: To Be Announced

## Wizard of Oz

Date: Wed. March 11, 2015

We're off to see the Wizard! Over ten generations have grown up loving this classic tale of an enchanted land - first as a beloved children's book, then as an iconic Hollywood film. And now the Fireside is bringing you an exciting stage adaptation of this legendary musical. It's all there - good witches, wicked witches, [munchkins](#), a cowardly lion in search of courage, a tin man in search of a heart, a scarecrow in search of a brain, and a young girl from Kansas in search of home. It's a show for the entire family filled with eye-popping

*New*

*New*

costumes, rib-tickling humor, breath-taking adventure, and an immortal [musical score](#) including one of the greatest hit songs in musical history - "Over the Rainbow." So this spring just follow the yellow brick road to The Fireside.

Payment due January 28, 2015

## Dates and cost to be announced:

Wizard of Oz; All Shook Up; Guys on Ice; Pump Boys and Dinettes; West Side Story; A Wonderful Life (musical).

## 2015 Extended trips:

These tours are offered with Grafton and Cedarburg to provide more travel options to you our valued travel partners! *Did you know we have more opportunities if our selected adventures do not meet your needs? Stop in for a travel book.*

### Australia & Fiji

#### "A Taste of the South Pacific"

**Dates: February 9 -21, 2015**

Collette Vacations will be at the Center to present information on this popular travel destination. Deposit \$250.00 due at booking. Trip departs Feb 9-21, 2015 for a double cost \$5,149; single \$6,149.

### Flavors of the South – Mayflower Value Tour '15

**Dates: April 18 –April 25, 2015**

2 nights in New Orleans; National WWII Museum; School of Coking; 2 nights at Isle of Capri Casino Hotel with guided tour of Lake Charles Historic District; decorate a King Cake; Creole Nature Trail; Duck Dynasty Store; 2 Nights in West Memphis; Visit Elvis' Graceland, Gison Guitar Factory and Dinner at Alfred's on Beale Street!

8 Days and 13 meals/ Free home or local pickup Twin per person \$1,339 or single \$1,858 travel by Deluxe motorcoach.

Deposit to receive discounts is due Aug. 8.

Final payments due March 1, 2015.

## Welcome New Members!

We look forward to seeing you at the Center!  
Stop in and reintroduce yourself or use your  
free coupon for lunch!

*Virginia Lee and Joel Christy*

### Monthly Birthday Party –Celebrate You!

**Sponsor: Friends of the Port Senior Center**  
Friday, September 26th all September birthdays  
will be celebrated! Reservations are due in to  
Jill by noon Thursday, September 25th by  
noon!

Cost: Lunch Donation!

### Please join us to Celebrate

### Happy Birthday September!

- 1 Betty Ewig, Jean Weiss
- 2 Gerry Chaney  
*Elmer Ter Linden*
- 7 Michael Ferguson,  
*Floyd Peters*
- 8 Nelda Bartz, Ron Mans
- 9 Evelyn Rinn, Ron Paradeis
- 11 Adrian Voeller
- 12 Phillip Bruno
- 13 Elroy Maechtle, Bob LaFlex
- 14 Steve Bley, Ann Comer,  
*Carol E. Conrad, Sharon Zahn*
- 16 Gailya A. Geib, Mary Poull,  
*Patricia Kuzma*
- 17 Bill Koeppen
- 19 Mary Lou Poull
- 20 Ray Fassett, Lou Probst,
- 21 Will Krainz, Virginia Lee,  
*Joan Schmit*
- 22 Stephen Ritter, Ann Ross
- 23 Orville A. Froh, Joan Rooney,  
*Christine Schulz*
- 24 Sharon Brown,  
*Robert Hettiger*
- 26 Linda Giese, Fran Talledge
- 29 Nancy Klever, Theresa Gillich
- 30 Patrick Robertson



### Find Us on Facebook

**For those who liked our page, please check back and like various posts to help the center stay connected to you on Facebook.**

For the rest of the members on Facebook, we only have **49 likes** help us reach 100 by September! The Senior Center has a Facebook page under “Port Washington Adult Community Senior Center”. Please be sure to “like” the Center page when you are on Facebook.

### Laugh of the Month –This Squirrel



**Secret To Happiness:** Hard work, simple, old-fashioned, American values.

**Favorite Thing:** Being a homeowner.

### Ice Cream Social Thank you

**Sponsors:** *Columbia St. Mary’s, the Port Saukville Rotary, Harris Bank, Friends of the Port Senior Center, and the City Adult Community Senior Center*



Enjoying the Ice Cream Social

**Port Washington Senior Center  
10% Day at Culver's**



Culver's of Port Washington  
1407 W. Grand Ave.  
Port Washington, WI 53074  
(262) 268-6888

Amount \$ \_\_\_\_\_

**Please present this voucher to  
the cashier at the time of your order!**

\_\_\_\_\_

10% of all Port Washington Senior Center Sales will be donated to raise money for event supplies, copy contract, and other unfunded program costs.

*All we ask is that you help share our day by passing out one or two of the vouchers inviting family or friends to join you! The vouchers will be totaled the end of the day (10:00 AM – 10:00 PM) and 10% will come to the Senior Center. Our goal is to raise \$250+!  
Come hungry and remember to bring the voucher!*

**September is National Senior Center Month: Let the Adventure Begin. . .**

**2 VOUCHERS TO SHARE WITH FAMILY, FRIENDS, AND NEIGHBORS!**

**Port Washington Senior Center  
10% Day at Culver's  
Wednesday September 24<sup>th</sup> 2014**



Culver's of Port Washington  
1407 W. Grand Ave.  
Port Washington, WI 53074  
(262) 268-6888

Amount \$ \_\_\_\_\_

**Please present this voucher to  
the cashier at the time of your order!**

-----

**Port Washington Senior Center  
10% Day at Culver's  
Wednesday September 24<sup>th</sup> 2014**



Culver's of Port Washington  
1407 W. Grand Ave.  
Port Washington, WI 53074  
(262) 268-6888

Amount  
\$ \_\_\_\_\_

**Please present this voucher to  
the cashier at the time of your order!**