

PORT WASHINGTON ADULT COMMUNITY
SENIOR CITIZENS CENTER



E-mail: ckiener@ci.port-washington.wi.us
Center Phone Number: 262-284-5821

*Membership Renewals due January 14
Check out Travel Show Jan 16
Try a class: New year New you
Lift to Live, Tai Chi, Yoga, Zumba Gold,
Stretch, Drawing, Watercolor, ceramics & More*

Port Washington Senior Center
403 West Foster Street
Port Washington, WI. 53074

CHANGE SERVICE REQUESTED

STANDARD RATE U.S. POSTAGE PAID PERMIT NO. 36 Port Washington, WI. 53074
--



Member: Wisconsin Association
Of Senior Centers (WASC),
National Institute of Senior Centers (NISC) &
Wisconsin Park & Recreation Association (WPRA)

Happy New Year!
From: The Senior Center Staff

MEMBERSHIP 2014 – Please renew by January 14, 2014

Annual membership is from January to December. **Individual fee is \$17.00 and Couple \$22.00** for City and Town of Port Residents & since 2012 membership the Village of Fredonia!

Out of town individuals to receive membership the fee is \$37.00 per person or \$64.00 per couple per year, it includes the newsletter and may be paid quarterly; or may subscribe to the **newsletter for \$12.00 per year**

Weekly non-member fee will be increasing from \$2.00 per week for new participants to \$5.00 per week.

NEW YEAR, NEW YOU

Do not wait any longer to sign up for a class or weekly activity. The benefits to active involvement are endless! Physical Wellness classes, Enrichment classes, and social activities are important for healthy aging.

Sign up today, for a healthier tomorrow!

Commission on Aging Update

The Commission on Aging will be coordinating a sub-committee to review the strategic plan for the senior center and gathering feedback with a survey. Please let the office know if you are interested in the sub-committee.



Port Washington Adult Community Senior Center

The Leisure Times

January 2014



Port Washington Senior Center

Catherine Kiener, Director

403 W. Foster Street
(262) 284-5821

Rose Gleue-Rogers, Assistant
Steve Orvis, Environment

E-mail: ckiener@ci.port-washington.wi.us

**Center Office Hours: Monday – Thursday 8:30AM – 4:00PM
Friday 8:30AM- 2:00PM**

40 + Years as the Gem of Strength for Active Aging

Mission: To promote healthy aging by providing cost effective programs, classes, activities, and services to citizens 55 years and better. Adopted April 10, 2002

Director's Report

From the Board of Directors and office staff, a sincere thank you to all who contributed and purchased items from the Craft & Bake Sale or Silent Auction to benefit the Center. The proceeds totaled 1,942.00 and will be matched up to \$900.00 by Thrivent Financial for Lutherans. Thank you Thrivent team members for your support.

The **Travel Show** on **Jan 16** is a chance to have an overview of trip offerings for both day and extended trips. The Center mission is to provide a quality trip at an effective price. Plan to see something new this year with travel sponsored by the Port Adult Community Senior Center! There will also be discounts and door prizes!

All regular groups of the Center need to update group coordinator contact name with the office by Jan. 15.

Renew your commitment to health and wellness for 2014 and register for a class starting in January like Aqua Exercise, Hatha Yoga, Lift to Live, Strength with Bands, Tai Chi, Zumba Gold.

"Snowbirds" please give us your change of address and effective dates so you do not miss an issue! Rose will have a new system so we can also switch address back for your return.

UPCOMING EVENTS:

- **Travel show January 16, 2014**
- **Birthday Party Fri. Jan. 24**
- **Valentine Party Feb. 14**
- **Oscar Party Feb Wed. Feb 26**
- **One Day Adventures & Extended Trips: pgs. 7-10**

Senior Center Holiday Closing

The Center & Dining Site are closed on **Wed. Jan. 1**. **No activities** will occur on City holiday closed dates!

Winter Weather Closings

The Senior Center will close during severe weather such as a blizzard. Fox channel 6 & and CBS 58 are the Center's official stations for notices.

Thank You, Thank You

December Newsletter Crew:

Joan Murphy, Darlene Brown, Sandi Preisler, Betty Last, Joan Hansen, Marge Hoffman, Aileen Wiltgen, Loretta Federspiel and Rosemary Weiland.

Volunteer Opportunities

"You make a living by what you get, but you make a life by what you give." --

Winston Churchill

On – Call Office Volunteers – contact Rose or Catherine if interested!

*Thur Wii Bowling coordinator – contact
Rose*

Donations, Gifts or Memorials

Donations and gifts for the benefit of the Senior Center should be made out to the Senior Center with the designation in the memo section of the check. Process for memorials: The memorial is to be made to the Port Senior Center or Friends with or without a specified purpose. When specified, the Director and group review the purpose to improve or enhance the group. *You can make the Port Senior Center a recipient of a gift, any time of the year.*

The Friends of the Port Washington Senior Center is a 501-C organization which can accept your charitable gifts now or designated for the future. You may also choose to join as a member. Pick up an application at the Senior Center.

Center Operations & Procedures

We encourage our members who may need special assistance living on their own to register for events, programs, and trips **with a friend, family member or caregiver to provide the assistance** they may need. Due to the limit of staff, the Center cannot provide one-on-one assistance during the event, class, or trip. Please register with staff so we can be aware of individual needs.

Members who reside in care settings, such as group homes, must attend Senior Center programs with a caregiver.

Sign in: Members and guests must sign in each visit whether once a day, week, month or 2 or 3 different times a day. This is important for the City annual report statistics.

Regular Center Activities & Special

Events: There are times when a special event or new program is offered that may impact the location of a regular program or its start time. All members' cooperation is appreciated when offering events.

Membership- Annual membership is from January to December. **Individual fee is \$17.00 and Couple \$22.00** for City and Town of Port Residents & since 2012 membership the Village of Fredonia!

Out of town individuals to receive membership the fee is \$37.00 per person or \$64.00 per couple per year, it includes the newsletter and may be paid quarterly; or may subscribe to the newsletter for \$12.00 per year ***Value of membership in the Center*** offers you a place to read the Journal Sentinel, Ozaukee Press, News Graphic, & a variety of magazines saving you money on subscriptions; discounts on classes; and use of laptops and WiFi.

Recyclables – There is a container on both levels for aluminum cans. The can should be rinsed then deposited in the container. Clean cans are preferred for recycling. Thanks to all who help.

Programs & Classes for Healthy Living

WELLNESS

Aqua Exercise Class

Class is held on Tuesday, Thursday, and Friday at 6:40 AM. You do not need to get your hair wet, bring a towel & suit, and increase your flexibility. Class is held at the District Aquatic Center TJ School on Holden St. **Cost:** \$6.00 for member and \$10.00 for non-member per month. Register monthly at the Center or call 284-5821.

Flex & Balance I at 11:00 AM

Dates: Tuesdays Jan 7-28

The instructor brings her land and water experience to this class for active stretching and balance. A good start if you have delayed preparing your body for all your activities!

Cost: \$15.00 per member/\$25.00 guest
Late registrations add \$10.00.

Hatha Yoga

Dates: Wed., January 15 –Feb 26, 2014

Time: 5:15 PM or 7:00 PM

Registration open to 12 and older

The benefits of yoga include tension relief, deep breathing, and stress management.

This popular 7-week class will be held at the Port Adult Community Senior Center. Bruce Van Dyke returns to teach this level one Yoga course. Bring a beach towel or your own mat, water bottle, and wear loose fitting clothes. He is certified. He has been on PBS and students look forward to his classes.

Cost: \$50.00 for Senior Center Members and \$60.00 for the general public. Fee increases after January 8 to \$65.00 and \$75.00. **Register** by calling the center or e-mail ckiener@ci.port-washington.wi.us and specify class time. Student maximum 25.

Strength with Bands IV

Dates: Wed & Fri to Jan 17 at 11:00

No class on Wed. Jan 1

The instructor is Holli Parker with experience from Health clubs and senior living. She will use primarily exercise bands in this class for novice, intermediate, or experienced participants.

Cost: \$50.00 per member/ \$60.00 Guest
Minimum 6 students Maximum 15

Arthritis Foundation Tai Chi – Session I

Class Dates: Mon. Jan 6- March 24 at 9:00

Tai Chi is an ancient practice proven to reduce pain and improve your mental and physical well-being. The Arthritis Foundation Tai Chi Program developed by Dr. Paul Lam, uses gentle Sun-style Tai Chi routines that are safe, easy to learn and suitable for every fitness level. Open to adults 55 and better with or without arthritis! Participants must be independent and able to follow directions.

Cost: \$75.00 per member & \$85.00 for Non-members

Arthritis Exercise

The Center is looking a partnership with the ADRC to offer this class starting late January. The time would be 8:00-8:45AM 2 days a week. Cost to be determined. If you are interested in learning more, please register with the office by Jan. 10 to receive notice.

Lift to Live V - Women 40 & Older Strength Program at 9:00 – 10:00 AM

Dates: Tues & Thur. To Jan 2, 2014

Lift to Live I - Women 40 & Older Strength Program at 9:00 – 10:00 AM

Dates: Tues & Thur. Jan 7 – Feb. 13, 2014

The basis for the program is from the Strong Women program and utilizes weights, resistance bands and more. Participants love the class and find it affordable and challenging. This 6-week exercise *program for women 40 and older* will meet at the Center on 1st floor. A Physician release form must be completed for all new participants or present members with physical or health changes. Cost: \$30.00 member/\$40 guest. Class size: max. 15

Tai Chi Beginners Course Session I

Dates: Mondays Jan 6 – March 24 at 11:30

KT Rusch will teach this 12-week course for NEW students. Tai Chi promotes balance, flexibility, & good overall health. Meets 1st floor level of Senior Center at 11:30 AM. Cost: \$95.00 per member and \$105.00 guest.

Tai Chi Continuing Course Session I

Dates: Mondays Jan 6 – March 24 at 10:00

KT Rusch will teach this 12-week course for NEW students. Tai Chi promotes balance, flexibility, & good overall health. Meets 1st floor level of Senior Center at 11:30 AM.

New

New

Cost: \$95.00 per member and \$105.00 guest.



Zumba Gold Classes (Session I)

Dates: Wed, Fri, & Sat to Feb. 8 no class Jan. 1 or Weekly registration available

Meet 1st floor south end at 8:15 AM

The low impact, easy to follow, Latin-dance inspired fitness party... Keeps you in the groove of life! This is the newest aerobic routine designed for adult beginners and participants with physical limitations. The 30-45 minute workout class is led by a Certified Instructor, Tina with DVD instructor on Wednesday's.

Cost: \$10.00 for Senior Center members or Friends of the Senior Center for Course or \$3.00 per class. **Non-members cost:** \$20.00 course or \$5.00 per class!

New

ENRICHMENT



Beginner Computers:

Dates: Thurs. Feb. 13 – 27 at 1:30-3:00PM
This class is designed for individuals that have never used a computer and for those who would like to refresh their memory on basic computer function. This class will take a very basic look at how to power on and off the computer, use the mouse, navigate the Start Menu, how to open and close programs, how to use the keyboard and learn the basics of Word Pad which is a basic program similar to Microsoft Word. Students are welcome to bring their own laptops to use during class. Preregistration is required with fee by Feb. 10.

Cost: \$40.00 member/\$50.00 guest

AARP Driver Safety Class



Date: Tues. Feb. 11 12:45 – 4:45 PM

Learn proven safety strategies to maintain your

confidence behind the wheel; plus you could get a discount on your car insurance!

Cost: \$14.00 AARP members/\$16.00 non-AARP members

Computer Lab on the 2nd floor Mezzanine

Tues, Wed, and Thurs 9-3

Sign in and out in the office!

No fee members/guests \$5.00



Friday Book Talk

Date: Jan. 10 at 9:30 at the Library

This month's book, The Reliable Wife by Robert Goolrick will be reviewed by Irene Taylor and discussed by the group. *Preview Feb. 14: A Week in Winter by Maeve Binchy*

Ceramics resumes for current students Jan. 9 with no instructor

Ceramics & Clay- ALL Skill Levels

Dates: Thursdays Feb. 27 or March 6 from 9:15 – 11:00 AM for new students; please register by Feb. 24.

Paint a pre-formed piece or hand build your own to learn the properties of clay. The fee is \$2.00 per week for members plus glaze, firing, and green ware piece! Non-member fee is \$4.00 per week plus supplies. Discount for items made for the Center showcase sales.



Chicks with Sticks (Handiwork group)



Meets: Wednesday at 1:00

Do you embroider? Sew? Knit? Crochet? You are encouraged to join this group. Come share your patterns and ideas. Non-member fee is \$2.00 per week.

Painting-All Media

Regular classes resumes in March

Instructor: Laurie Sucharda

Handcrafted Greeting Cards Class

Valentine Greeting Card Make-n-Take

Date: Feb. 12 Wed. Time: 1:30 –3:00

New

Valentine Card Creations with embellishments & stamps. Price includes materials and supplies to make five cards. **Samples on display at the Senior Center in the entrance showcase.** Cost: \$12.00 per member and \$15.00 for guest. Maximum is 12! Register by Feb. 4 after the 4th cost is \$15.00 or 20.00 for late registration fee.

Drawing as a basis for painting all media
Dates: Weds Feb 12 – March 5 at 3:00-5:00

The instructor, Erin Callahan Blum, will provide instruction on drawing techniques for beginners that will be helpful for painting.

Supply list available upon registration and payment.

Cost: \$50.00/member and \$60.00 guest by Feb. 5 after this date add \$10.00.

Watercolor: One Painting, from Beginning to End

Dates: Thursdays Mar 6-April 3 at 3:00-5:00

The instructor, Erin Callahan Blum, will focus on drawing composition; analyze light source, values, contrast, and placement and translate into watercolor. The goal is one detailed painting for the session. Bring cameras to capture your view of the still life that you will work from. Additional paintings are encouraged, depending on your desire. This workshop is for any ability. To get an idea of Erin's work, visit www.ErinCallahanBlum.com. A supply list will be available with your paid registration.

Senior Singers –A Community Service
Dates: Mondays at 9:00

Meets on the mezzanine (2nd floor).

This is the Center community service group with performances to be scheduled in the community. Join for fun, improved breathing, or joy of music. New singers register for January –June session by Jan. 6.



“Hand and Foot” or Canasta

Players meet at 7:00 PM on the 1st & 3rd & 5th Mondays: Jan 6 & 20

Everyone is welcome!

Non-member fee applies per week.

Cribbage –Tuesdays at 1:00

Hands on cribbage learning sessions the 2nd

Tuesday of the month during regular cribbage at 1:00. Introduce yourself to the group!

No fee for members, guests \$2.00 per week.

Pinochle

This card game is played Wednesday at 10:00 AM. If interested, come to the center on Wed. There is no fee for members and non-members pay \$2.00 per week.

Dominoes & Mexican Train Game Day

Meets 2nd & 4th Thursdays at 11:15

Dates: Jan 9 & 23

Volunteer facilitated: Domino games.

Interested in helping? Call the center.

Prize drawing for gift certificate to a local store compliments of Comfort Keepers.

Cost: No fee for members; guests pay \$4.00 per month unless registered for lunch.



Monday at the Movies

Feature Film: The Butler

Rated PG-13, 132 minutes, Drama

Date: Monday, January 20 at 12:35

Synopsis: Cecil Gaines was a sharecropper's son who grew up in the 1920s as a domestic servant for the white family who casually destroyed his. Eventually striking out on his own, Cecil becomes a hotel valet of such efficiency and discreteness in the 1950s that he becomes a butler in the White House itself. There, Cecil would serve numerous US Presidents over the decades as a passive witness of history with the American Civil Rights Movement gaining momentum even as his family has troubles of its own.



New

New

Starring: Forest Whitaker, Oprah Winfrey, John Cusack.

Cost: No fee members/dining participant
Guests building use fee of \$3.00

Friday Bridge Group

The afternoon bridge group, year round at 1:00 PM, is looking for players and substitute players. Haven't played in a while? No problem, they will pair you up for refresher play. Cost: none for members/\$2.00 per week guest. Register at the office.

Library Project at Center

The Library arranges for books and videos to be checked out on an honor system for senior's convenience. Please keep videos 1 week or less! Thank you. *There is a sign posted for the date the Center returns the books and videos to the Library. Please return by the date listed.*

LEAGUES

Green Felt 8-Ball League 2014

New Players interested in joining, should contact Paul Michel. **Second half of the season begins Jan 8.** Regular pool league mid-season meeting is postponed. The 36 week season began Sept. 4 and goes to May. Cost: Member of PWACSC in good standing plus league fee of \$15.00!

Silver Strikers - Wii Bowling Session IV

Dates: Tues to- Dec 10; Jan 7-Feb 11

1st half of season high scores: Ceil-444; John-440; Terry - 437; Geri-413 and Wayne-389.

Tuesday is for current continuing players. Cost: \$5.00 per couple member or \$12.00 per non-member couple.

Silver Strikers - Wii Bowling New Players

Dates: Thursdays Jan. 9 - Feb 13 at 1:30

Looking for a leader and new players. Contact the office and register by Jan 2, 2014.

Cost: \$5.00 per couple member or \$12.00 per non-member couple.

Weekly Ongoing Activities

Aqua Exercise -Tues., Thurs., Fri., at 6:40AM

Senior Singers (Chorus) -Mondays 9:00

Piano Lessons- Tuesdays by Appointment

Green Felt Club - Senior 8 Ball League Wed., open play Mon & Fri. after 2:00, and Sat. at 9:00am

Chicks with Sticks- Wed. at 1:00PM

Ceramics - Thurs. at 9:15AM

Wellness Classes-Aqua Ex, Tai Chi, Exercise for All - Arthritis, Lift to Live, Zumba Gold and more various days check details above in wellness section. For information on class cost please call the center at 284-5821!

Monthly Blood Pressure Checks - See Calendar Page

Leagues (Seasonal)-Green Felt; Wii Bowl; Horseshoes; & Bocce Ball

Card & Game Clubs

There is no charge for members as your membership assists with center operations.

Non-members & out of town participants contribute \$2.00 per week in the office!

Bridge - Tues. Ladies & Fri. at 1:00PM

Cribbage - Tues. at 1:00PM

Sheepshead - Mon (no cards Nov. 11) & Thurs. at 1:00PM

Dominoes Day - 2nd & 4th Thurs. at 11:15

Try joining Canasta, Tues. Public Sheepshead, or refresh at Thurs. sheepshead, cribbage, pinochle, and Fri. Bridge. Looking for other games, check out dominos on game day!

Public Card Parties:

Canasta 1st & 3rd & 5th Mon. 7:00PM

Sheepshead - Tues. 7:00 PM



Pinochle- Wed. 10:00 AM

Clubs and Organizations Meeting

At the Center

Open 8-Ball/Green Felt Club –Mon.-Fri. at 2:00PM (except when needed for special program space) And Sat. at 9:00AM.

City Commission on Aging – 2nd Mon. at 7:00PM in the lower level

VFW – Last Wed. at 7:00PM

Special Events

LAKESIDE TEA SOCIETY

National Hot Tea & Winter Theme

Date: Wed. Jan 15 at 1:30

Celebrate Winter with Hot Tea Month with various tea samples. Registration includes the program and tea; participants must pre-register by Mon. Jan 13.

Cost: \$3.00 members, and \$5.00 for guests.
Preview for Feb. 19: International Tea

Monthly Birthday Party Sponsored by Friends of the Port Senior Center

at Noon. *This is to celebrate with members and friends your special day.*

The celebration will be in conjunction with the dining site lunch. Reservations to Jill by noon Thurs Jan 23 for party Fri. Jan 24!

Cost: Donation for lunch!

Senior Dining at the Center

The Center is a site for the Ozaukee County Senior Dining Program. This is available to Seniors 60 and older. The meal is served at noon with a suggested donation of \$3.75 per meal. Reservations are required the day before by noon, call Jill, dining manager, at 262-483-9753 to reserve a spot!

Port Washington Senior Center & Port Washington Dining Site Events:

Join us for lunch, fun and learning!

10 & 24 - Game Day at 11:15 –New Time
20 – Movie – Lee Daniels *The Butler*

13 - Money Bingo

22- Prize Bingo

24 - Birthday Party -sponsored by Friends of the Senior Center

31- Chinese New Year

Chinese New Year

Date: Fri. Jan 31

Join in the cultural fun of celebrating the Chinese New Year with door prizes. Cost: Lunch donation Make reservation 24 hours prior to 262-483-9753

Valentine Party

Tuesday, Feb. 14 at noon Celebrate long lasting Valentine's with couples celebrating 40th Anniversaries or more! Party will include prize bingo. Cost: Lunch donation Make reservation 24 hours prior to 262-483-9753

Oscar Party: Your Time to Shine

Dress up for the Red Carpet at this special party on Wed. Feb. 26 at noon. Cast a ballot for your favorite movie, have a photo taken, and enjoy the party! Cost: Lunch donation Make reservation 24 hours prior to 262-483-9753

Tuesday Night Sheepshead at 7:00 PM

OPEN to the PUBLIC – Please encourage friends and family to check it out!

The cost is \$1.50 with prize money paid out to the top scorers. Players assist Building Volunteer with scoring.

Lunch Bunch at New Port Shores

Date: Wed. Jan 29 at 11:30

Join us for lunch and conversation for this monthly dining out group. Meet at Newport Shores for conversation and new connections! Register at Center by Mon. prior to date.

Cost: On your own

Coffee Chat with Mayor Mlada

Date: Tuesday, Jan. 21 at 9:15 AM



New

Cost: No fee for members or community
PLEASE RSVP for planning by Mon. Jan. 20.

Community Events & Information

Bridge Lessons

The center is exploring offering lessons for bridge. If you are interested let the office know for which level of play: refresher; never played; or refinement by Jan. 6! We have 3 to date and will schedule with the instructor for February 2014.

Delta Kappa Gamma Book Discussion

Date: Tues. Jan. 28 at 3:00

The group will discuss *Language of Flowers* by Vanessa Diffenbaugh. Pick up a copy to borrow at the Center and return to Center. Open to interested adults. The coordinator is a member of Delta Kappa Gamma. The group reading list books available in paperback, hardcover, Large Print or on tape/CD. **Cost:** NO FEE members and \$3.00 per guest monthly. No December meeting. *Preview for Feb. 25: Killing Lincoln*

Toe Nail Trimmers Foot Clinic

Date: Thur. Feb. 27 by appointment
12:30-3:00 PM

This service the Center will host on the 1st floor in the wellness room even months of the year. Appointments will be taken by the Nail Trimmers.

Cost: \$25 member/ \$30.00 guest.

Reservations: Call Nail Trimmers at 262-719-0336

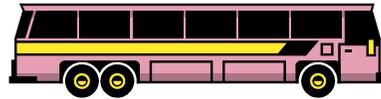
School District Walking hours:

Dunwiddie Elementary	7:00-7:45 a.m. & 3:30-8:00 p.m.
Lincoln Elementary	7:00-7:45 a.m. & 3:45-8:00 p.m.

Saukville Elementary	7:15-8:00 p.m.
Thomas Jefferson Middle School	5:00-9:00 p.m.
Port Washington High School	3:30-5:30 p.m.

School District Technology Classes

List of available classes is at the Center.



One Day Adventure Trip News

Trip Payment & Refund Policy: Prices are quoted for center members; guests add \$4.00 for day trips or as quoted for a specific trip as a non-member price. Sign up is on or after the call in day listed with each trip. You must register in advance and pay by the deadline or your name may be dropped from the list!

Cancellations are not guaranteed a refund. Cancellations within FOUR weeks will be refunded only if someone fills the opening! There are trips we reserve the right to advertise which are sponsored by travel agencies. It is for your convenience that we advertise them. All other information is handled by the agency. Contact the office regarding any special needs you have.

PARKING FOR DAY TRIPS:

WHEN LEAVING ON A DAY TRIP
PLEASE PARK YOUR CAR ½ block or further from the Center or west of the alley on Foster St.

Travel Show featuring 2014 Day Trip Dates & Extended Tours

Date: Thur. January 16 at 10:00 AM

Mayflower Tours & Staff will be here to share these wonderful adventures with DVD video and answer questions. To take advantage of discounts and door prizes, plan to attend.

Cost: No charge members/ \$5.00 guests
Reservations required by Mon. Jan. 13.

2014 Day Trips

Mark your calendar and watch Leisure

Times for registration

Fireside 2014 Season:

Thur July 10 – Driving Miss Daisy

Wed. Aug 6 – Smokey Joe’s Café

Thur. Sept 11 – Les Miserables

Thur. Nov 20 – A Fireside Christmas

2014

Wed. Dec 10 – A Fireside Christmas 2014

Solid Gold 60’s at the Fireside – Possible 2 seats open contact office

Date: Thur. Jan 23, 2014

Payment due with registration

The Fireside **kicks off its spectacular 50th Anniversary** with a return to the most exciting decade of all – the 1960’s! From the creator of last season’s **wildly popular live band revue - SIZZLIN’ 60’S** - comes a brand new tribute to a time that defined a generation and changed the music scene forever. We barely scratched the surface of this eclectic, vibrant, eccentric, creative, and electrifying period. **SOLID GOLD 60’s** continues the journey with music and comedy from the era’s biggest names. We’ll feature the great rock bands such as The Beatles, The Beach Boys, The Rolling Stones, The Supremes, and much, much more! We’ll relive the Vegas sound of Sinatra and his Rat Pack. In addition we’ll pay homage to the great comedy and variety TV shows such as Laugh-In; The Smothers Brothers, and Sonny and Cher. Featuring Fireside favorite Steve Watts and the renowned Fireside Band as well as a cast of talented singers and dancers, this is a show jam-packed with fun and entertainment that you’ll only find at The Fireside!

Cost: \$89.00 per member includes deluxe motorcoach; dinner & show; escort



Admiral Game

Date: Feb 5, 2014

Payment due January 27

Prizes! Bingo! Memento of the Occasion! Join us as the Milwaukee Admirals pull out all of the stops to celebrate Seniors. When you arrive on our coach bus you get to play Bingo with prizes and a memento of the occasion. Then you get center ice tickers, with not a lot of steps, to see your Milwaukee Admirals play the Hamilton Bull Dogs from Ontario, Canada. During an intermission you might get to see a local team play hockey. What a great social outing this will be as we join other Seniors from the area. If you are going to the game and are a singer, please get on the list and join us for the singing of “God Bless America”. Depart: This leaves from GRAFTON 3:45 PM
Cost: \$35.00

Body Worlds: The Cycle of Life

Date: Feb 25, 2014

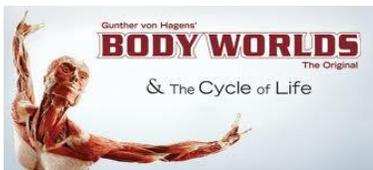
Revealing the Symphony Within

Your body is a symphony, with millions of finely tuned instruments, playing in perfect concert. As time goes by, age changes the instruments, both by design and in reaction to our own choices. The stunning new exhibit **BODY WORLDS & The Cycle of Life** is your opportunity to peer behind the curtain and see the concert inside yourself as you've never seen it before.

This new exhibit also features three special perspectives: a look at conception and pre-natal development; a display about sight and vision, including the vision challenges faced by artists Claude Monet and Edgar Degas; and a study of the geographic regions where the oldest living people tend to live, and the characteristics they have been found to share.

Visiting **BODY WORLDS & The Cycle of Life** is an unparalleled experience that will have you thinking and talking about your

New



health, your vitality and the complicated wonder that is the human body. The day begins with a giant screen film of the “The Human Body” and continues to the timed entrance for Body Worlds: The Cycle of Life.

After the museum, we continue our journey for an Irish Lunch where you have a lunch choice:

1. Guinness BBQ Chicken Breast A succulent chicken breast marinated in our signature Guinness® Barbecue sauce and served with your choice of potato and steamed Vegetables.

#2. Corned Beef & Cabbage Mo’s very own slow-cooked corned Beef served with Irish Potatoes, Green Cabbage, Carrots and a creamy Horseradish sauce.

3. Shepherd’s Pie A heavenly combination of slow simmered Beef, Potatoes, Carrots, Peas and Leeks in a savory Gravy. Topped with Garlic mashed Potatoes.

#4. Fish & Chips Our delicious golden brown Harp® Beer- battered Cod accompanied by our seasoned Fries and served with tangy Tartar sauce and homemade Slaw.

Cost: \$80.00 per member
Payment due Feb. 3, 2014.

Mary Poppins at the Fireside

Date: Wed. March 12

The Fireside is proud to be the first professional theatre in Wisconsin to present a sparkling new production of this beloved Tony Award winning musical. The world’s favorite “practically perfect” nanny comes alive on the Fireside stage serving up more than a spoonful of delightful music, dancing, and laughter that will transport and enchant audiences of all ages. Direct from Broadway and the National Tour, The Fireside’s production of MARY POPPINS features all



the well-known popular songs, high-stepping dancing, and a treasure chest full of magic and mirth! The whole family will enjoy this dazzling and beautiful musical fable. There is only one word to describe this unforgettable production - “Supercalifragilisticexpialidocious!”

Featured Menu: Tomato Bisque Soup
Accompanied by a Grilled American Cheese Slider. Freshly Baked Breads from The Fireside Ovens. Entrée: **Chicken Piccata**
Skinless Breast of Chicken dipped in buttermilk and egg, lightly breaded, sautéed to a golden brown, topped with a Veloute Lemon Cream Sauce garnished with tiny Caper Buds and French Fried Parsley. Served with Parmesan flavored Orzo and a medley of Roasted Fresh Vegetables.

Dessert: **Caramel Apple Cheesecake served with Coffee, Tea and Milk**

Cost: \$89.00 per member includes deluxe motorcoach; dinner & show; escort

Payment due Feb. 3, 2014

Milwaukee Progressive Dinner Tour

Date: April 8, 2014

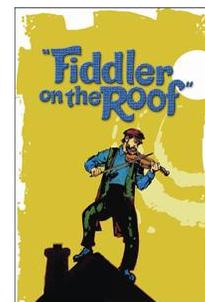
Enjoy a progressive dinner at lunch in which we will provide history of Milwaukee's immigrant tastes by **highlighting three ethnic restaurants** in Milwaukee during a 3-course meal (appetizer/salad, **entree will be at Polonez** in St. Francis and **dessert at Mader’s**). There will be a step on guide with information about the neighborhood and architecture of the groups.

Cost: \$77.00 member/\$82.00 guest
Payment due March 5, 2014

Fiddler at Fireside

Date: Thur. May 8

Arguably the greatest musical ever written and certainly one of the most popular shows in Fireside history, FIDDLER ON THE ROOF makes a triumphant return to the Fireside stage for this very



New

New

special anniversary season. This classic show held the title as Broadway's longest running musical for over twenty years, winning nine Tony Awards including Best Musical. Tens of millions of people worldwide have fallen in love with Tevye, the long suffering dairyman who struggles to find a balance between his traditions and his family. It is a heart-warming story featuring one of Broadway's most beautiful musical scores. FIDDLER ON THE ROOF opened on Broadway the same year that The Fireside first opened its doors and to celebrate this dual anniversary, back by popular demand, Artistic Director Ed Flesch will return to the leading role with which he has long been associated. You won't want to miss this Fireside "Tradition!"

New

Menu: **Broccoli and Cauliflower Salad** tucked into a Lettuce Cup.

Freshly Baked Breads from The Fireside Ovens. **Beef and Bird** - Medallion of Roast Tenderloin of Beef glazed with a Madeira Wine

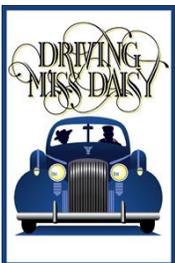
Sauce and a Skinless Breast of Chicken, dipped in buttermilk and egg, lightly breaded with Panko Crumbs, Served with Escalloped Potatoes and Fresh Asparagus Spears.

Tevye's Triple Crown

PB&J Mousse served in a Chocolate Tulip Cup, Pecan Turtle Ball Ice Cream Sundae, and Opera Cake Petit Four. **Coffee, Tea and Milk**

Cost: \$89.00 per member includes deluxe motorcoach; dinner & show; escort

Payment due April 1, 2014



Driving Miss Daisy at the Fireside

Date: Thur. July 10

Details in February

Cost: \$89.00 per member includes deluxe motorcoach; dinner & show; escort

New

2014 Extended trips:

These tours are offered with Grafton and Cedarburg to provide more travel options to you our valued travel partners!

Texas Cowboy Country – 6 Seats

Trip Departs: Saturday, April 26, 2014

This is a 9 day/13 meals holiday by motorcoach. Highlights: 3 nights at the YO Ranch Hotel, National Cowboy & Western Heritage museum, Tour San Antonio with local guide including the Mission San Jose & El Mercado, narrated river cruise, Alamo, National Museum of the Pacific War, Lyndon B. Johnson Ranch State Park, and more!

From \$1,299 per person twin

River Cruise on the Blue Danube – 10 seats

Trip Departs September 29, 2014

This experience, 11 days and 23 meals, is on the MS Amadeus Diamond a 7 night cruise with 2 nights in Prague. Cost depends on the deck category starting at \$4,394 for the Haydn Deck twin to a suite for \$5,094. Pick up the detail brochure at the Center.

Costa Rica with Collette Vacations – Call for Availability

Trip Departs March 26, 2014

This is a 9 day/14 meal trip in the Central Time Zone with about a 6 hour flight.

Highlights: San Jose, Coffee Plantation, Guanacaste, Monteverde Cloud Forest, Hanging Bridges, Arenal Volcano, Lake Arenal Cruise, Cooking Demonstration, and more. . . Book now and save \$100.00 per person! Double \$2,249 Single \$2,649 and Triple 2,219.

Italia Classica with Collette Vacations

Trip Dates: Nov 4-12, 2014

BOOK NOW and Save \$250.00!

Double rate with 250 savings: \$2,799 after savings period ends \$3,049

Highlights: Rome, Coliseum, Florence, Venice, St. Mark's square, and Milan.

Welcome New Members!

We look forward to seeing you at the Center! Stop in and reintroduce yourself or use your free coupon for lunch!

Please join us to Celebrate

Monthly Birthday Party –Celebrate You!

Sponsor: Friends of the Port Senior Center
Friday, Jan 24th all January birthdays will be celebrated! Reservations are due in to Jill by noon Thursday, Jan 23rd by noon!
Cost: Lunch Donation!

Happy Birthday January!

- 1 *Gerald Marciniak , Arthur Senn*
- 2 *Patricia Gibes, Dennis McGuire*
- 4 *Joan Keller*
- 5 *Mary Jo Bruecher*
- 7 *Eleanor Griksas*
- 8 *Joanna Eckert, Harriet Augustin,*
DeVerne Smith
- 9 *Jennie Greisch, Janet Koeppen*
- 10 *Chuck LaPicola, Terri Wysocki*
- 11 *Gerald Rakowski,*
Dale Villeneuve
- 12 *Ruth Heiser, Richard Webb*
- 15 *Betty Lanser, Carol Rheingans*
- 17 *Betty Wengel, Gerald Downing*
- 18 *Mary Enright, Marion Hurias,*
Rhea Yovanovich
- 19 *Agnes Morgan*
- 20 *Janice Salchert*
- 21 *Susan Steinhoff*
- 22 *Carlo Mazza*
- 21 *Betty Bogle*
- 23 *Audrey Cayo*
- 24 *Mary Donna Froh*
- 25 *Ethelyne Schumacher*
- 26 *Bob Goebel, Bonnie Miller*
- 27 *Lorna Ruppel*



- 28 *Mildred Prom*
- 30 *Camí Juergensen*
- 31 *Kelli Goldsmith, Herbert Russo*

In Memorium

We offer our sympathy to the family & friends of: *Corwin “Bud” Miser;*
Gerald Higgins



Find Us on Facebook

For those who liked our page, please check back and like various posts to help the center stay connected to you on Facebook.

For the rest of the members on Facebook, we only have 42 likes help us reach 100 by February! The Senior Center has a Facebook page under “Port Washington Adult Community Senior Center”. Please be sure to “like” the Center page when you are on Facebook.

Thought for the Year:

We do not stop playing because we grow old;
We grow old because we stop playing.
NEVER Be The First To Get Old!



December Birthday Celebration

Laugh of the Month - One Happy Animal!



Secret To Happiness: Ability to blow water out of nose; having no particular place to be.

Favorite Thing: Hurrying anyway

